

THE LANTERN  
OF LIGHT  
NEWSLETTER  
APRIL 2018



# SPIRIT.COM

129<sup>TH</sup> Issue  
APRIL 2018

NOW IN OUR 15<sup>TH</sup> YEAR

YOUR MONTHLY NEWSLETTER FROM

**The Lantern of Light Burgess Hill Spiritual Centre,  
Ad-Astra Beacon of Light  
Divine Service Spiritual Centre Hassocks,  
Malcolm Putland's & Lesleigh's Public  
Engagements,  
The Sacred Space Healing Centre,  
Ceremonies, Events, Workshops and Fayres.**

**[www.the-lantern-of-light.com](http://www.the-lantern-of-light.com)**

Our newsletters have proved to be very popular; we thank you for your feedback.  
We would still like to ask you for your comments and if you feel we can  
add any other relevant information.

We will continue to keep you up-to-date with the events that have happened in the  
previous month, what is happening at the various venues that we operate and where  
you can see Malcolm and Lesleigh demonstrating for this month.

~  
**So what is happening at the venues?**

**Burgess Hill, The Lantern of Light Spiritual Centre  
April**

WE HAVE NEW MEDIUMS VISITING THE CENTRE AGAIN THIS YEAR.  
THIS MONTH WE HAVE;

CLAIRVOYANT EVENING  
MOST SATURDAY'S AT CYPRUS HALL, CYPRUS ROAD  
BURGESS HILL, RH15 8DX AT 7.30PM

APRIL

7TH STEVIE ROBINSON

The lovely Stevie is back with us, her normal way of working is to ask you "whom would you like to speak to". It is amazing to experience spirit working this way through Stevie.

We look forward to an amazing evening  
All are welcome.

~

14TH MARILYN WEBB

We are pleased to welcome Marilyn back to the centre, Marilyn had a wonderful time last year, so we look forward to experience Marilyn linking the two worlds together again.

One very special evening.  
All are welcome.

~

21ST ALAN ACTON

Mr Acton is back with us with his down to earth approach with spirit,  
Proving beyond doubt who he has with him.

One special evening in the company of Alan and your loved ones.  
One very special evening.  
All are welcome.

~

28TH MELANIE BOND

What an opportunity to see Melanie work with spirit.  
Her father was Medium David Nason, Son of Medium Jessie Nason the first medium to go on TV many years ago.

It is wonderful to experience her link the two worlds together.  
One very special evening.  
All are welcome.

~

FREE PARKING

\*\*\*\*\*FACEBOOK: BURGESS HILL SPIRITUAL-CENTRE\*\*\*\*\*

DEMONSTRATORS ARE SUBJECT TO CHANGE;  
THE WEBSITE IS UPDATED WITH ANY CHANGES IF THEY OCCUR.

**Ad-Astra Beacon of Light Spiritual Centre April  
Meditation Circle Hassocks:**

THE GREEN ROOM, ADASTRA HALL,  
31 KEYMER RD, HASOCKS, WEST SUSSEX, BN6 8QH  
SUNDAY 29<sup>TH</sup> APRIL

WITH LESLEIGH SUNRISE LAKOTA & GUIDES

Before the services experience a gentle morning meditation,  
the doors will open @ 10.00am and close at 10.10am  
for an early morning meditation, the doors will open at 10.30am  
for the divine service, if anyone wishes to join us please  
be there prompt as the doors will be close to enable that quiet time  
for meditation. All are welcome to this.

These meditations are amazing; they are guided by spirit through  
Lesleigh in a very warm loving space, created just for this quiet time.  
Even some mediums get there early to sit in the power before their service.  
Awesome.

## Ad- Astra Beacon of Light Spiritual Centre April Divine Service Hassocks:

THE GREEN ROOM,

ADASTRA HALL,

31 KEYMER RD, HAS SOCKS, WEST SUSSEX, BN6 8QH

SUNDAY 29<sup>TH</sup> APRIL

VANESSA MITCHELL @11.00AM

Vanessa is back at the centre; let us give her a warm Beacon welcome. Vanessa will be  
guiding us through a beautiful service, full of Love,  
philosophy & messages.

A beautiful morning in the company of spirit.

All are welcome

\*\*\*\*\*FACEBOOK: HAS SOCKS SPIRITUAL-CENTRE\*\*\*\*\*

## Malcolm's & Lesleigh's Diary of Services, Demonstration & Workshops for April

4<sup>TH</sup> SYDENHAM SPIRITUAL & HEALING CENTRE

THE VENNER ROAD COMMUNITY CENTRE HALL,

1 VENNER ROAD, SYDENHAM, SE26 5EQ

Formally the David Nason centre, the centre has been left  
in the capable hands of Caroline and ????? as Shelly has stepped down  
from the centre that was started by her husband. So we look forward  
to sharing the gifts of Spirit in Lesleigh's home town.

~

15<sup>TH</sup> HAS SOCKS FAYRE

Our Spring fayre to promote the oneness of all things spiritual.

One exciting day.

All are welcome. Free Entrance.

SEE BELOW

18<sup>TH</sup> PORTSMOUTH TEMPLE  
73A VICTORIA RD S, PORTSMOUTH,  
SOUTHSEA PO5 2BU  
2.45 & 7.30

Today we are doing 2 demonstrations at the temple.  
A wonderful home for spirit to work from.  
A lot of history with spiritualism has gone on in this church.  
2 original Bang Sisters precipitated art painting are hanging on the wall, well worth a visit.  
One very special day.  
All are welcome.

~

**PLEASE CHECK WEBSITE FOR ANY DATES**

[www.sussexmediums.com](http://www.sussexmediums.com)

\*\*\*\*FACEBOOK: MALCOLM PUTLAND SPIRITUALIST MEDIUM\*\*\*\*

\*\*\*\*FACEBOOK: LESLEIGH SPIRIT ART/ARTIST\*\*\*\*

**MORE VENUE & DATES ARE ADDED THROUGHOUT THE MONTH  
AS WE ACCEPT CANCELLATIONS PLEASE CHECK WEBSITE**

~

**MALCOLM & LESLEIGH BOTH WORK FOR SPIRIT  
BOTH PRIVATELY AND PUBLICLY, PRIVATE SITTINGS,  
WE ARE ALSO AVAILABLE TO DO PRIVATE DEMONSTRATION IN YOUR  
OWN HOME FOR A GROUP OF PEOPLE.**

For further information please contact us. Tel: 01903 446955  
Malcolm with his mediumistic readings,  
Lesleigh with Spirit Art plus information around the person or her visionary soul art with  
information about your soul's journey  
Please ring Tel: 01903 446955 to book an appointment for a private reading  
They are registered Spiritual Healers, Etheric Weaver practitioners  
and Reiki Masters and are available for home consultations.  
We are available to visit on request,  
to private addresses, care homes, hospitals and hospices.

~

**WE ARE ALSO AVAILABLE TO CONDUCT ALL CEREMONIES  
NAMING CEREMONIES/ CHRISTENINGS,  
FUNERALS, INTERMENTS OF ASHES, WEDDINGS,  
SPIRITUAL MARRIAGE BLESSINGS,  
RENEWAL OF VOWS & HOUSE BLESSINGS**



## Sacred Space Healing Centre

EVERY SATURDAY THERE ARE REGISTERED SPIRITUAL HEALERS ON HAND TO CHANNEL HEALING ENERGIES TO THOSE IN NEED OF A TOP UP HEALING. IT IS OFFERED ON A DONATION BASIS. Don't forget you only need to ask and one of our qualified healers will assist you.

## Brightlands Sacred Space Healing Centre

We now have a healing clinic in Worthing, Where we are able to offer different complimentary therapies Please join us on our Facebook page

\*\*\*\*NEW BRIGHTLANDS HEALING SANCTUARY NEW\*\*\*\*

Healing can be arranged either in Worthing or in your own home. For a longer session using a couch with either Spiritual healing or Reiki is available on a donation basis

\*\*\*Pyramid energy healing, Etheric weaver energy healing\*\*\*

An energy exchange is required for this; please speak to Lesleigh or Malcolm.



### METATRON MAT HEALING

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, BN13 3AA

For a longer session using a couch with either Spiritual healing or Reiki is available on a donation basis

\*\*\*Pyramid energy healing, Etheric weaver energy healing\*\*\*

An energy exchange is required for this, speak to Lesleigh or Malcolm.

HEALING CAN ARRANGED EITHER IN WORTHING OR IN YOUR OWN HOME.

If you wish to become a REGISTERED SPIRITUAL HEALER Please see the information on development in this newsletter, or contact Malcolm on TEL: 01903 446955

## Self-Development Groups

THESE GROUPS ARE BRINGING FORWARD BEAUTIFUL LINKS,  
 As a teaching centre Malcolm & Lesleigh, hold a number of groups  
 for your personal development. Why not see if we can help you  
 develop or find your spiritual gifts. Listed below are the various groups  
 THEY ARE HELD AT THE SANCTUARY  
 "BRIGHTLANDS" 19, UPLANDS AVENUE,  
 WORTHING, WEST SUSSEX, BN13 3AA

### Development Circle/Group Worthing

This is a circle at 7.30pm and is held on alternate Mondays

### Development Circle/Group Worthing

This circle is at 7.30pm and is held on alternate Tuesdays

### Development Circle/Group Daytime (Worthing)

Alternate Wednesday's at 10.30am

### Healer Training Circle/Group Daytime (Worthing)

Alternate Wednesday's @ 1pm

### Philosophy & Higher Level Development Group (by Request, (Worthing)

Alternate Thursday's at 10.30am

A chance to allow philosophy to be delivered by your guides at a very high level, bringing forward the spoken words from spirit, inspired writing from spirit.

Understanding the depth of prayer and your link with your higher-level guides.

This group is by request and limited numbers ask about availability

### Healer Training Circle/Group (Worthing)

This circle is at 7.30pm on most Thursdays see Calendar below

### Meditation Group (Worthing)

New group alternate Friday's at 10.30am

### Meditation Group (The Green Room Adastrā Hall Hassocks

Sunday of the month @10.10am

Amazing results are being experienced at the groups, the groups are really moving forward.

It is so wonderful to be part people's journeys,  
 exploring all avenues of spirit, finding your spiritual pathway.

APRIL

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE  
ADAstra HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY 15<sup>TH</sup> APRIL 2018 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

\*\*\*\*\*IF ANYONE CAN GIVE MALCOLM SOME HELP IN THE KITCHEN\*\*\*\*\*  
IT WOULD BE GRATEFULLY ACCEPTED WITH WASHING UP, SERVING ETC

~

\*\*\*\*\***LANTERN MEMORY BOOK**\*\*\*\*\*

*If you have a memory or memories please forward it to Lesleigh  
If they are not recorded they are lost forever.*

Lesleigh is putting together for our anniversary, experiences that have happened at the lantern over those years and there have been many.

It would be lovely if you could email Lesleigh your experience of the lantern. Your name will not be printed if you do not want it to be.

We do not know how many people have been helped and put on their pathway, but we know for quite a few it has been life changing

[lesleigh54@gmail.com](mailto:lesleigh54@gmail.com)

**Private Readings**

**IF YOU WOULD LIKE A PRIVATE ONE TO ONE READING**

MALCOLM IS AVAILABLE FOR PRIVATE READINGS IN OUR  
SANCTUARY AT WORTHING

IF YOU WOULD LIKE MORE INFORMATION PLEASE CONTACT

MALCOLM ON TEL: 01903 446955

~



## Forth Coming Workshop, Fayres & Events

HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE

ADA STRA HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY 15<sup>TH</sup> APRIL 2018 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

~

### SO WHAT HAPPENED AT?

## The Lantern of Light, Burgess Hill Reflections on March

CYPRUS HALL, CYPRUS ROAD, BURGESS HILL, RH15 8DX

We saw a very high standard of mediumship at The Lantern with

3RD ROBIN HODSON

Robin made a beautiful comment while waiting to begin the dem on how beautiful the music was that was playing to build the energy, he liked it so much he was going to purchase it. The weather was very cold and parts of the snow had melted, a few centres/churches had closed but we managed to be open.

The first message to a young girl which was very interesting and was making her laugh, she was amazed at the evidence that was being brought forward. An evening full of wonderful evidence, laughter and uplifting messages to know that our loved ones know our thoughts and can help when asked.

Thank you Robin for your work tonight.

~

10TH MALCOLM PUTLAND

The lovely Madge should have been with us but was unable to. So our lovely Malcolm Putland stood in for us. This weather has really effected our numbers, but as Malcolm and Lesleigh say they ride the storm.

A lot of interesting information was given by Malcolm with people sitting there opened mouthed with the evidence.

Thank you Malcolm for your work tonight

And giving us off the wall evidence.

~

17TH CANCELLED FOR WEATHER CONDITIONS

With a heavy heart we cancelled tonight as the weather forecast was not favourable.

We didn't want people being stuck at Burgess Hill unable to get home.

We will try and get Brian back at a later date.

~

24TH LESLEY HOUBÉ

Lesley had a wonderful demonstration, with evidence after evidence coming forward, Lesley works on a very fast vibration, and managed to get round to nearly everyone. Lesleigh's mum received a message which was very meaningful. Lesley hears spirit and has a wonderful way of delivering her messages. A lot of people went home knowing that their loved ones are close to them  
Thank you Lesley for your work tonight.

~  
31ST SUE SMITH

Ian was unable to be with us, so we asked our very dear friend Sue Smith if she was available. So please that she was as her evidence was amazing. We were wondering if anyone was going to come and visit because at 7.10pm there were only 2 people but we had a wonderful house at 7.30pm, please don't do this to us!

Lesleigh always does ask for bums on seats please.

The banter in the beginning was great, one lady nearly baptised Janet as her water went every where. One lady arrived very late but was meant to be there as she was given a beautiful message from her blind mother, Sue gave her that her hair looked lovely, she was a hairdresser.....before she went blind that was.....that created a lot of energy as the lady was really laughing. Sue had one message that wasn't flowing reason was it was for her friend as as soon as she spoke up it flowed. Sue gave some evidence about a phone, the receiver of the message spoke to Malcolm afterwards and said that she asked him to bring forward the phone incident, spirit hear our thoughts and words.

One amazing evening.

Thank you Sue for your work tonight.

~  
\*\*\*\*JOIN US ON FACEBOOK\*\*\*\*  
\*\*\*\*BURGESS HILL SPIRITUAL CENTRE\*\*\*\*

**Ad-Astra**

**Beacon of Light Spiritual Centre**

**Meditation Group Hassocks: Reflections on March**

SUNDAY 25<sup>TH</sup> MARCH

WITH LESLEIGH "SUNRISE LAKOTA"

Before the services experience a gentle morning meditation,  
the doors will open @ 10.00am and close at 10.10am  
for an early morning meditation, the doors will open at 10.30am  
for the divine service, if anyone wishes to join us please  
be there prompt as the doors will be close to enable that quiet time for meditation.

All are welcome to this.

These meditations are amazing; they are guided by spirit through  
Lesleigh in a very warm loving space, created just for this quiet time.

Even some mediums get there early to sit in the power  
before their service. Awesome.

How powerful are these meditations?  
the Journey is channelled by Lesleigh's guide and those seeking the peace and  
serenity is never disappointed

One amazing morning everyone when do very deep that they really didn't want to come  
back. Healing is always sent by Lesleigh's guide during this time of being in the power,  
one amazing morning

~  
**Ad-Astra**

**Beacon of Light Spiritual Centre**  
**Divine Service Hassocks: Reflections on March**

THE GREEN ROOM,  
ADASTRA HALL,  
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH  
SUNDAY 25TH MARCH  
PETULA STOWELL@11.00AM

This time we were greeted by Boy scouts and guides doing a hike and organisers  
trying to close the public car park by putting up cones. Malcolm was not amused and  
rightly told them so. We had a wonderful crowd visiting the centre. Petula had a beautiful  
service, and read from a 2course in miracles", the very first person  
ever to read from this book.

Her address afterwards was very meaningful to us all. It spoke about a golden light, which  
went beautifully with Lesleigh's meditation of the golden light, synchronicity of spirit.

Her messages were very  
uplifting and one lady said to Lesleigh that she couldn't understand part of  
her message until Lesleigh confirmed to her what spirit had been asking Lesleigh to do  
then it all made sense.

One beautiful morning.  
Thank you Petula for your work this morning.

JOIN US ON  
\*\*\*\*FACEBOOK: HASSOCKS SPIRITUAL-CENTRE\*\*\*\*

**Malcolm's & Lesleigh's Diary:**  
**Reflections on March**

CORINTHIAN CHURCH & HEALING ASSOCIATION  
PRIMROSE HALL  
15A LONDON ROAD,  
HAILSHAM  
EAST SUSSEX BN27 1EB  
SUNDAY 4<sup>TH</sup> @11.00AM  
DIVINE SERVICE WITH SPIRIT ART

At least the snow had gone so we were able to visit the church. There wasn't a lot of people there, but the love and friendship that was generated there was beautiful. Lesleigh read some channelled work from one of her students in New Zealand and read first an intro from her which was a message in itself. It was about positive thinking. Very interesting words from spirit. When Malcolm went to do his address he said to us all that he didn't know what Lesleigh was going to read but before the service he was talking to a lady about positive thinking. Malcolm gave some interesting messages, which were accepted with people speaking to him afterwards on the accuracy of the messages and evidence. Lesleigh did one drawing she felt a different guide with her which was interesting. The lady who received it along with the information was blown away by the drawing. She is going to work with the person which is lovely. Lunch afterwards what a wonderful way to spend a Sunday xx  
Thank you Spirit for using us today.

~  
BEXHILL CHRISTIAN SPIRITUALIST CHURCH  
6, VICTORIA ROAD,  
BEXHILL-ON-SEA,  
EAST SUSSEX,  
TN39 3PD

WEDNESDAY 7<sup>TH</sup> @3.00PM  
SERVICE WITH SPIRIT ART

Wow, the church was so busy; they have not seen the church so busy for years. One lady needed to come and brought 4 with her, a family who Lesleigh & Malcolm knew from Crawley were there, they have just moved to Bexhill as they were recommended to come. But the amount of people was beautiful to experience in today's climate of dwindling congregations. One family had their new born daughter who was recently christened in the church; she was defiantly an old soul. Malcolm when to the lady who had brought her friends along and gave her a beautiful message and info, the tears flowed but Malcolm found it hard to pull away from her, her loved ones just wanted to keep talking. Malcolm's private readings go on for a long time as well. The president had asked us if we would like to go over the hour, which was a pleasure to do.

Other messages of hope and upliftment were given by spirit. Lesleigh did a couple of drawings and was able to give more info and work with the person. One was for the family from Crawley, apparently Lesleigh had drawn a grandmother and the same one was drawn again minus the hat. A piece of info was that it had been put in a draw; they had done that the day before because it was so realistic that she was frightening the children. She knew she had been taken down. The other was of 2 people the family with the baby accepted it. Lesleigh went on to give more information and brought her grandmother through with so much love. Malcolm did a final message Lesleigh thought she had finished, but no a drawing of snowdrops was drawn and the name ALICE with it. That was the only piece of info, it was accepted by the family the baby was called ALICE after her great-grandmother whom

Lesleigh had brought through.  
One amazing beautiful afternoon in the company of spirit Thank you x

~

MAIDSTONE INDEPENDENT CHRISTIAN SPIRITUALIST CHURCH  
100/100A TONBRIDGE ROAD,  
MAIDSTONE, KENT,  
ME16 8SL

SUNDAY 11<sup>TH</sup> @6.30PM  
SERVICE WITH SPIRIT ART

What a well-run church, the service just flowed,  
This was mothering Sunday and the reading from the bible was interesting, what is my guide going to make of this thought Malcolm, but their words of wisdom resonated and was perfect for the day.

The reading that was read out afterwards was very meaningful about mothers. Messages of hope and upliftment were given and 2 drawings from spirit were quickly accepted.

Thank you Spirit for using us tonight.

~

BARNHAM SPIRITUAL CENTRE,  
THE BARNHAM COMMUNITY HALL  
MURRELL'S FIELD  
YAPTON ROAD

BARNHAM WEST SUSSEX PO22 0AY  
MONDAY 19<sup>TH</sup> @7.30PM

DEMONSTRATION OF MEDIUMSHIP & SPIRIT ART

What a great turn out, Darren had really promoted us and the spirit art,  
So everyone knew what to expect from the evening.

What a great evening everyone experienced. The upliftment before the demonstration was excellent, really raising the energy

The 3 drawings were accepted with laughter and upliftment as Lesleigh was able to bring through more evidence. Malcolm's messages brought forward lot of emotion and Darren said that we have to order in more tissues whenever you work here.

What a great evening with spirit.

~

SEAFORD SPIRIT  
INDEPENDENT SPIRITUALIST CHURCH,  
3, WARWICK ROAD, SEAFORD,  
EAST SUSSEX BN25 1RS

THURSDAY 22<sup>ND</sup> @7.30PM

DIVINE SERVICE WITH LESLEIGH BADGERY

As Lesleigh was driving over to Seaford, this little voice in her head said that I had the same reading that Malcolm did a few weeks before, but gave Lesleigh a reading and find it on her phone. There was a full house, so great to see.

Lesleigh read the invitation by Ophija Mountain Dreamer, which Robin



the president said was his favourite reading. 4 people asked for a copy afterwards.

The part that Lesleigh did her address on was

*I want to know if you can get up after the night of grief and despair, weary and bruised to the bone, and do what needs to be done for the children".*

*(But added parents and pets)*

Strength and power was the flavour of the address which was very different from Normal, the power in her voice was inspiring. It felt very like Derick Marney words.

Lesleigh spoke before her demonstration about never limiting spirit as her address was very different than usual.

A message for all.

The whole evening was very different. Lesleigh linked with a few in the congregation bringing forward evidence of loved ones and messages of hope and upliftment. Even Derick Marney came through along with Ernie a past member of the church, with proof of himself.

Thank you Spirit.

## Events, Fayres & Workshop Reviews

### LIBRARY BOOKS

WE purchased a lot of books over the years and some have been donated.

Still I have about 40 which are still overdue, can you please check your bookshelves, and please allow them to find their way back to the centre; we are going back years on these.

We know who has hired them; we would just like them back.

Many thanks in advance

## Our New Website

[www.sussexmediums.com](http://www.sussexmediums.com)



**FACEBOOK HAVE CHANGED OUR SITES**

**PLEASE LIKE US**

MALCOLM PUTLAND PUBLIC FIGURE

BURGESS HILL SPIRITUAL-CENTRE

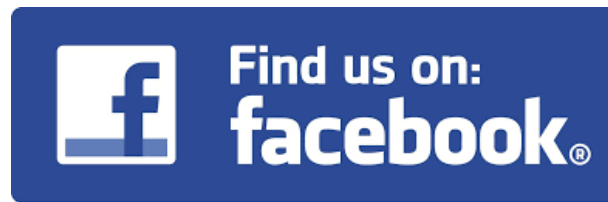
VISIONARY SYMBOLIC SOUL ART

SACRED SPIRITUAL FAYRES IN SUSSEX

HASSOCKS SPIRITUAL SPIRITUAL-CENTRE

SPIRIT ARTIST LESLEIGH "SUNRISE LAKOTA"

\*\*\*\*NEW BRIGHTLANDS HEALING SANCTUARY NEW\*\*\*\*



MALCOLM PUTLAND SPIRITUALIST MEDIUM  
LESLEIGH SUNRISE BADGERY SPIRIT ARTIST  
LESLEIGH BADGERY

We look forward to creating lots of friends on these Facebook sites  
come and join us.

~  
PSYCHIC NEWS

WE ARE NOW STOCKING PSYCHIC NEWS £2.80  
THIS PUBLICATION HAS SOME WONDERFUL ARTICLES  
A GREAT READ

~  
**Crystal Angel Shop**

**GIFT TOKENS FOR PRIVATE READINGS & HEALING ARE AVAILABLE**

**\*\*\*\*\*WE HAVE A LARGE SELECTION OF  
CRYSTAL AVAILABLE\*\*\*\*\***

**NEW STOCK HAS JUST ARRIVED,  
AMAZING CRYSTALS WAITING TO FIND THEIR NEW HOMES**

We now are stockists of the **ETHERIC WEAVERS** which are wonderful healing tools, I know some of you have already seen them, but they are wonderful tools and are very powerful with rare earth magnets, double quartz terminators, and geometric shapes. Malcolm and Lesleigh are now Etheric Weaver practitioners of these amazing tools having purchased the complete set. We have now purchased for of the etheric weaver pendants for you to wear continually receiving the healing energies.

The Crystal Angel shop helps support the centres.

Thank you for supporting the crystal angel shop, we are always searching out new products and hand selected crystals. We have a lot of showrooms that we visit so if there is a particular stone or crystal that you desire, let us know and we will try and source it for you.

We now have a large selection of crystals ranging from 50p to £450 something to suit everyone's budget. Whether you are searching for a centre piece for a healing room/lounge or a journeying stone I'm sure you will find what you require. We cannot bring all the stones that we have, but are happy to give people a private viewing if there is something

that you are looking for. We have a large selection of bracelets, pendants and necklaces, we are always searching out new items for you to look at and feel the energy.

We are always happy to put items away for people as crystals choose you and sometimes you do not have the money with you, always let us know, or if you are searching for a particular stone we will do our best to find it for you. Thank you for supporting the shop, it helps to keep the ever-growing costs down. It has been commented that our prices are very reasonable. We do try and keep the prices to a level that suits everyone.

You will find a selection of Angel Ornaments, Oracle Cards, and Hand Selected Crystals and other items to tempt you. I'm sure you will find something there to suit your requirements

~

### ETHERIC WEAVERS WHAT ARE THEY I HEAR YOU SAY?



We stock and sell these wonderful Etheric Weavers are healing tools they are made by the Buddhist monks in Sedona USA. They are very powerful and shift the energy from around the Etheric body, releasing energy and eliminating pain. In some instances, the person has no more problems.

They can be used on others, yourself, a picture of someone, their name, names in a healing book, animals, food, fluids; they can assist in your meditation. They are shaped quartz with 2 rare earth magnets either side wrapped in copper.

They are an investment. We look forward to demonstrating them at the centres for you.

### WEAVERS TO WEAR NOW IN STOCK



Wear your weaver to obtain maximum benefit from

these beautiful healing tools

~

### INTUITIVE HORSE RETREATS

This is a very exciting new venture from our dear friend Emma Colyer who runs Intuitive Horse, they are now doing Powerful way of learning, through horses. We are offering 3-day intensive retreats, suitable for anyone wishing to gain more emotional awareness and insight, develop their intuition, gain a deeper connection with self and work through any issues presenting themselves in your life.

Be prepared for something quite different and powerful as the horses guides you through a journey of self-discovery like no other. Allow the horses to be your guides and teachers.

Please visit our website-[www.intuitivehorse.co.uk](http://www.intuitivehorse.co.uk) for more information.

No experience with horses is necessary.

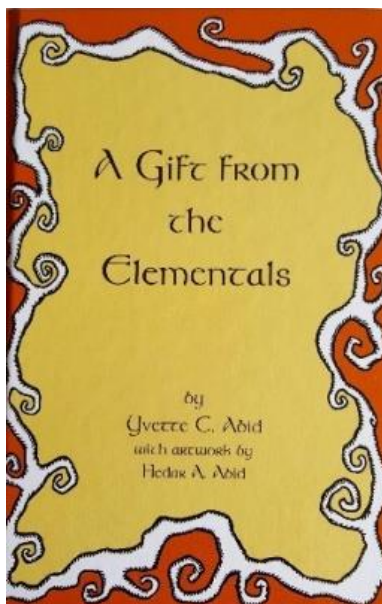
This sound absolutely wonderful you will have a fantastic time  
NEW COGHURST FARM, IVYHOUSE LANE, ORE, HASTINGS, TN35 4NP  
PHONE NUMBERS- 07825 036 301  
Email- [info@intuitivehorse.co.uk](mailto:info@intuitivehorse.co.uk)

~

### ADVERTISE

#### A GIFT FROM THE ELEMENTALS YVETTE C ABID NEW BOOK

Yvette was at East Grinstead Spiritualist Church one Sunday morning and received a drawing from Lesleigh. In her own words she tells the story.



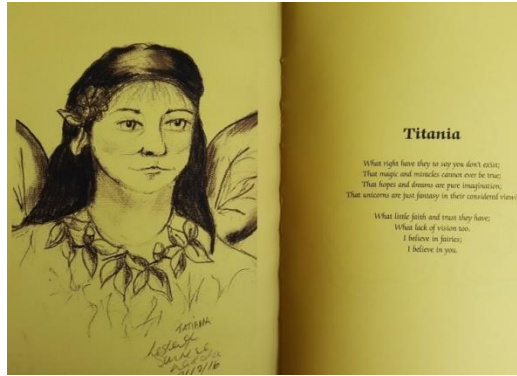
This book was given to me over the course of just three or four months at the beginning of 2016. When two of my children moved back to live with me at the end of 2015, I had found it difficult to find the time to meditate. I picked up pen and paper and just sat still, whereupon the words just seemed to flow, non-stop, for three months.

One particular poem, "Titania", was a light-bulb moment, when I realised these poems really had to be published. I had written "Titania" on a scrap of paper late one night, but was reluctant to put it in my manuscript book, believing people would think me ever so slightly bonkers to admit to a belief in fairies! However, I then received a message from the spirit world, channelled through the medium Lesleigh Badger, thanking me for the work I had been doing. Lesleigh is a gifted spirit portrait artist ([www.the-lantern-of-light.com](http://www.the-lantern-of-light.com)) and provided the illustration of Titania (although she thought the name was Tatiana) before the clairvoyance service had even begun at my local Spiritualist Church. She had no idea of my close connection to nature and certainly hadn't a clue that I'd just written a poem about the Queen of Fairies!

Never having written poetry ever before, I suppose you could say this is my debut collection. However, I have no idea if I will be given any future volumes, so please enjoy this one while you can!

In love and light,  
Yvette C. Abid





~  
If you're hungry when in Brighton why not check out  
WILD CHERRY QUEENS PARK ROAD, BRIGHTON, BN2 0GJ.

The food is homemade, the flavours are incredible.  
The food gives you so much energy. You will be returning time after time.  
You will not be disappointed. Tel: 01273 691 494

~  
JANET BAIRD D.Iridol. D.Th.D BFRP

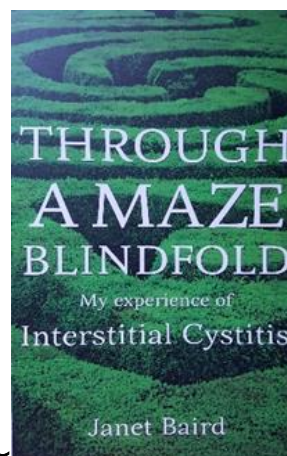
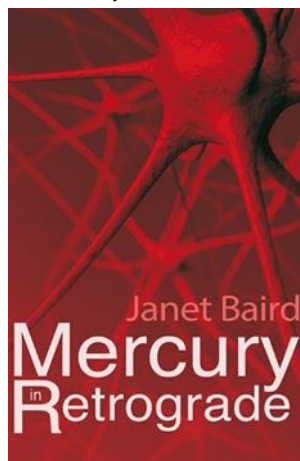
Introducing Janet Baird, Janet is one of our healing students and a helper to  
the Lantern of Light, but Janet is also an Iridologist, which is studying the  
eye for health issues, a Nutritionist and the works with the wonderful  
Bach Flower Remedies.

You can have a chat to Janet  
by ringing her on Tel: 01273 721706 for an appointment

JANET'S NEW BOOK IS OUT  
MERCURY IN RETROGRADE

Mercury in Retrograde focuses on Janet Baird's personal experience with dystonia.  
This book covers various aspects of her life, from diagnosis to discovering the  
reason behind the cause of the condition.

From her own research and experience, Janet has found the  
cause of her dystonia and has found that she is now 95% cured.  
She shares this information in the hope that she will be able to help others.





## THROUGH A MAZE BLINDFOLD

My Experience of  
Interstitial Cystitis

Janet has just had a book the first of 3 published about her journey with Interstitial Cystitis. What an amazing, thought provoking book.

Janet has well researched this subject and how mercury from our fillings can

cause us many problems, a book that I couldn't put down.

Good luck Janet with the sale of your book only £9.95

Available from Janet direct, at the Lantern on Saturdays,  
our fayres in April & October and online

## PHILOSOPHY

Some interesting words from our Philosophy group channelled by spirit

### BE STILL

If I were to ask you to be still, you would justifiably say to me, why? You would say that in your busy life you had no time to sit still just for the sake of it. But I say to you that you should heed my advice. At least once a day, no matter how busy your schedule, you should sit, relax, quieten the mind and be at peace.

You will

then question of me what is the benefit of such action? I would say to you that stilling the mind and the body will lead to a state of ease. And with this comes good health for both the body and mind. I am sure that you will know what it feels like to be in a state of dis-ease, but you might not be aware that this almost inevitably leads to a state of disease. Also I am sure that you have heard the saying "a healthy mind and a healthy body". Yes the two states of being always come as one.

So, sit quietly at any convenient time. This can be in a crowded railway carriage or by yourself. It makes no matter. Close your eyes, breathe deeply and relax. That is all there is to it. Yes, this is all that it takes to be still.

There are those of you who already follow this practice and there are many who continually are making excuses for not doing so. To those of you, who are of the latter persuasion I say, give it a go. You will be surprised at the result.

With practice, the stilling of the mind will not only lead to ease of being, but a whole new world will be opened up to you. You will be led down the path where your soul will speak to your subconscious mind. Ultimately, the truth of all lies there within. In the voyage through space and time, the vibration referred to as the human body is programmed to receive all knowledge.

Scientists, as they are referred to on your planet, have often wondered why the human brain appears to have an excess of capacity which is unused. This is there for the simple reason that the brain is a computer and holds all the information that exists, has existed and will exist in the future.

In the spiritual realm the mind is programmed. On the rebirth in your

physical realm the spiritual mind overlays the physical brain, acquiring more information and knowledge during the physical life before passing back to the spirit vibration. One day, your scientists will come to understand that this is the situation and will be able to access installed knowledge.

This will not be though for several thousands of Earth years.  
So for the time being my friends please be satisfied with the little that is made available whilst you practice the art of being still.

Channelled by JD

~

#### REFLECTIONS ON INVITATION

We need to be like water, whether like a stream, it may be a little  
Stream passing through the shades of the trees in a wooded area.  
Smoothing boulders, bubbling and tumbling along.

Causing an ambiance of joy and wellbeing.

As the clear liquid, glides, bubbles and tumbles, at times splashes as it endlessly moves on its given path. Insects Hoover to obtain moisture, larger beasts come to drink to cool their thirst. The surrounding trees provide some of the animal's food and shelter. The roots of the trees are nourished by the flowing stream. The ever changing seasons bring new challenges.

Larger broken branches wedge

Themselves in the twists and turns of the stream, and yet the stream never falters, it keeps flowing on, leaves fall in autumn adding nutrients yet the water remains the same. Ice may freeze our stream solid for a

time, yet with

the spring, suns warmth; it will bring hope and the promise of spring melting our hearts, as the gentle spring flowers appear. Yet not all hearts can rejoice in the flow of life. They have knocked against the fallen

branches and have

stayed stuck, there on the boulders repeatedly knocking themselves on the blockage, at the bend in the stream. It may take time, little time, after little time to offer to help release them. I don't believe in many cases one maybe will actually see them take such big steps, as to let go,

of the side and take

the plunge. However I would say it was worth the effort.

One thing if you can return to your place called home, you will reflect how lucky, how blessed you are. Also any little gift, of positive act or thought given by you to said person is a nugget of gold.

Which will give, your own time, allow you to have another go, to get stuck on a branch, to flow, tumble down a stream of life.

The life force of love and understanding.

Channelled by BMW

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We hope that you have enjoyed reading our newsletter,  
if you have any comments please feel free to drop us an email.  
If you have a friend who you feel would like to receive our newsletter,  
please let us know with their email address  
and we will include them. If you do not wish to receive the newsletters  
please let us know and we will take you off the mailing list.  
Thank you for your continued  
support with the different events and centres that we run,  
for without you we would not be there, remember they are your centres.  
May you all feel spirits love and grow in the knowledge that they are  
only a whisper away. We always love to hear from you with your comments.  
Love, light and Angel blessings  
Lesleigh and Malcolm

### **OUR WEBSITES**

**[www.sussexmediums.com](http://www.sussexmediums.com) & [www.the-lantern-of-light.com](http://www.the-lantern-of-light.com)**



Demonstrators are subject to change; the website is updated with any changes if they occur.



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