

THE LANTERN
OF LIGHT
NEWSLETTER
DECEMBER 2017



SPIRIT.COM

125TH Issue
DECEMBER 2017

NOW IN OUR 15TH YEAR

YOUR MONTHLY NEWSLETTER FROM

**The Lantern of Light Burgess Hill Spiritual Centre,
Ad-Astra Beacon of Light
Divine Service Spiritual Centre Hassocks,
Malcolm Putland's & Lesleigh's Public
Engagements,
The Sacred Space Healing Centre,
Ceremonies, Events, Workshops and Fayres.**

www.the-lantern-of-light.com

Our newsletters have proved to be very popular; we thank you for your feedback.
We would still like to ask you for your comments and if you feel we can
add any other relevant information.

We will continue to keep you up-to-date with the events that have happened in the
previous month, what is happening at the various venues that we operate and where
you can see Malcolm and Lesleigh demonstrating for this month.

~
So what is happening at the venues?

**Burgess Hill, The Lantern of Light Spiritual Centre
December**

CLAIRVOYANT EVENING
MOST SATURDAY'S AT CYPRUS HALL, CYPRUS ROAD
BURGESS HILL, RH15 8DX AT 7.30PM

FREE PARKING

******FACEBOOK: BURGESS HILL SPIRITUAL-CENTRE******

WE HAVE NEW MEDIUMS VISITING THE CENTRE AGAIN THIS YEAR.
THIS MONTH WE HAVE;

DEMONSTRATORS ARE SUBJECT TO CHANGE;
THE WEBSITE IS UPDATED WITH ANY CHANGES IF THEY OCCUR.

2ND KAREN WILLIS

The ever popular medium Karen Willis is coming to demonstrate
her gift of mediumship,
In her very uplifting way, Karen travels the globe demonstrating her gift.
We look forward to Karen linking with your loved ones.
All are welcome to share in the experience.
One special night.

~

9TH GAIL MOFATT

It will be wonderful to share spirit communication with Gail.
All are welcome to share in this experience of linking the two worlds together.
Proving that our loved ones are close by our sides.

~

16TH KEITH CHARLES

Mr Keith Charles the "Psychic Cop"
Will be visiting the centre to link some of you with your loved ones.
One very special evening of Spirit communication with
The one and only Keith Charles.

~

23RD NIGEL GAFF

Nigel is visiting us again, to prove the continuation of life,
In his wonderful way of working.
Come and share in this evening of spirit communication.
All are welcome.

~

30TH MALCOLM PUTLAND

We look forward to our very own Malcolm, sharing his gift with us
as we say goodbye to 2017. All are welcome to share in this magical experience.

~

Brightlands Sacred Space Healing Centre

EVERY SATURDAY THERE ARE REGISTERED SPIRITUAL HEALERS
ON HAND TO CHANNEL HEALING ENERGIES TO THOSE
IN NEED OF A TOP UP HEALING. IT IS OFFERED ON A DONATION BASIS.
Don't forget you only need to ask and one of our qualified healers will assist you.

~

Brightlands Sacred Space Healing Centre

We now have a healing clinic in Worthing,
Where we are able to offer different complimentary therapies
Please join us on our Facebook page

****NEW BRIGHTLANDS HEALING SANCTUARY NEW****

Healing can be arranged either in Worthing or in your own home.
For a longer session using a couch with either Spiritual healing or Reiki is
available on a donation basis

Pyramid energy healing, Etheric weaver energy healing

An energy exchange is required for this, please speak to Lesleigh or Malcolm.



METATRON MAT HEALING



**Ad-Astra Beacon of Light Spiritual Centre December
Meditation Circle Hassocks:**

THE GREEN ROOM, ADASTRA HALL,
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH
SUNDAY 31ST DECEMBER

WITH LESLEIGH SUNRISE LAKOTA & GUIDES

Before the services experience a gentle morning meditation,
the doors will open @ 10.00am and close at 10.10am
for an early morning meditation, the doors will open at 10.30am
for the divine service, if anyone wishes to join us please
be there prompt as the doors will be close to enable that quiet time
for meditation. All are welcome to this.

These meditations are amazing; they are guided by spirit through
Lesleigh in a very warm loving space, created just for this quiet time.
Even some mediums get there early to sit in the power before their service.

Awesome.

**Ad-Astra Beacon of Light Spiritual Centre December
Divine Service Hassocks:**

THE GREEN ROOM,
ADAstra HALL,
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH
CHRISTMAS EVE MIDNIGHT SPIRITUAL CAROL SERVICE
WITH LESLEIGH & MALCOLM @11.30PM
An evening of bringing in the light of Christ-mass
One special evening of joining together
The world of light and the light of the earth plane

~

SUNDAY 31ST DECEMBER
MICHAEL REDWING @11.00AM
Michael is visiting the centre for the first time, let us give him a warm Beacon welcome.
Michael will be guiding us through a beautiful service, full of Love,
philosophy & messages.
A beautiful morning in the company of spirit.
All are welcome

****FACEBOOK: HASSOCKS SPIRITUAL-CENTRE****

**Malcolm's & Lesleigh's Diary of Services,
Demonstration & Workshops for December**

www.sussexmediums.com

THE HEALING LIGHT
SUNDAY 3RD DEC AT 11AM
MILWARD COURT,
WILMOT ROAD, SHOREHAM-BY-SEA,
WEST SUSSEX BN43 6BU
SERVICE WITH SPIRIT ART

~

CHRISTMAS EVE MIDNIGHT SPIRITUAL CAROL SERVICE
WITH LESLEIGH & MALCOLM @11.30PM

THE GREEN ROOM,
ADAstra HALL,
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH
An evening of bringing in the light of Christ-mass
One special evening of joining together
The world of light and the light of the earth plane

~

****FACEBOOK: MALCOLM PUTLAND SPIRITUALIST MEDIUM****

****FACEBOOK: LESLEIGH SPIRIT ART/ARTIST****

MORE VENUE & DATES ARE ADDED THROUGHOUT THE MONTH
AS WE ACCEPT CANCELLATIONS PLEASE CHECK WEBSITE

~

MALCOLM & LESLEIGH BOTH WORK FOR SPIRIT
BOTH PRIVATELY AND PUBLICLY, PRIVATE SITTINGS,
WE ARE ALSO AVAILABLE TO DO PRIVATE DEMONSTRATION IN YOUR
OWN HOME FOR A GROUP OF PEOPLE.

Malcolm with his mediumistic readings,
Lesleigh with Spirit Art plus information
around the person or her visionary soul art with information
about your soul's journey

Please ring Tel: 01903 446955 to book an appointment for a private reading
They are registered Spiritual Healers, Etheric Weaver practitioners
and Reiki Masters and are available for home consultations.

We are available to visit on request,
to private addresses, care homes, hospitals and hospices.

~

WE ARE ALSO AVAILABLE TO CONDUCT ALL CEREMONIES
NAMING CEREMONIES/ CHRISTENINGS,
FUNERALS, INTERMENTS OF ASHES, WEDDINGS,
SPIRITUAL MARRIAGE BLESSINGS,
RENEWAL OF VOWS & HOUSE BLESSINGS

For further information please contact us. Tel: 01903 446955

Sacred Space Healing Centre:

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, BN13 3AA

For a longer session using a couch with either Spiritual healing
or Reiki is available on a donation basis

Pyramid energy healing, Etheric weaver energy healing

An energy exchange is required for this, speak to Lesleigh or Malcolm.

~

HEALING CAN ARRANGED EITHER IN WORTHING OR IN YOUR OWN HOME.

~

If you wish to become a REGISTERED SPIRITUAL HEALER
Please see the information on development in this newsletter,
or contact Malcolm on TEL: 01903 446955

Self-Development Groups

THESE GROUPS ARE BRINGING FORWARD BEAUTIFUL LINKS,

As a teaching centre Malcolm & Lesleigh, hold a number of groups for your personal development. Why not see if we can help you develop or find your spiritual gifts. Listed below are the various groups

THEY ARE HELD AT

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, WEST SUSSEX, BN13 3AA

Development Circle/Group Worthing

This is a circle at 7.30pm and is held on alternate Mondays

Development Circle/Group Worthing

This circle is at 7.30pm and is held on alternate Tuesdays

Development Circle/Group Daytime (Worthing)

Alternate Wednesday's at 10.30am

Healer Training Circle/Group Daytime (Worthing)

Alternate Wednesday's @ 1pm

Philosophy & Higher Level Development Group (by Request, (Worthing)

Alternate Thursday's at 10.30am

A chance to allow philosophy to be delivered by your guides at a very high level, bringing forward the spoken words from spirit, inspired writing from spirit.

Understanding the depth of prayer and your link with your higher-level guides.

This group is by request and limited numbers ask about availability

Healer Training Circle/Group (Worthing)

This circle is at 7.30pm on most Thursdays see Calendar below

Meditation Group (Worthing)

New group alternate Friday's at 10.30am

Meditation Group (The Green Room Adastrā Hall Hassocks

Last Sunday of the month @10.10am

Amazing results are being experienced at the groups, the groups are really moving forward.

It is so wonderful to be part people's journeys,
exploring all avenues of spirit, finding your spiritual pathway.

DECEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	6	7	8	16
17	18	19	20	21	22	23
24	25	26	20	21	22	30
31						

*******LANTERN MEMORY BOOK*******

*If you have a memory or memories please forward it to Lesleigh
If they are not recorded they are lost forever.*

Lesleigh is putting together for our anniversary, experiences that have happened at the lantern over those years and there have been many.

It would be lovely if you could email Lesleigh your experience of the lantern. Your name will not be printed if you do not want it to be. We do not know how many people have been helped and put on their pathway, but we know for quite a few it has been life changing
lesleigh54@gmail.com

Psychic* Spiritual* Holistic* Fayres



HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE
ADA STRA HALL
KEYMER ROAD, HASSOCKS, BN6 8QH
SUNDAY 15TH APRIL 2018 10AM TILL 5PM
FREE ENTRANCE
FREE TALKS AND DEMONSTRATIONS ALL DAY

*****IF ANYONE CAN GIVE MALCOLM SOME HELP IN THE KITCHEN*****
IT WOULD BE GRATEFULLY ACCEPTED WITH WASHING UP, SERVING ETC

Private Readings

**IF YOU WOULD LIKE A PRIVATE ONE TO ONE READING
THEN**

MALCOLM IS AVAILABLE FOR PRIVATE READINGS IN OUR
SANCTUARY AT WORTHING
IF YOU WOULD LIKE MORE INFORMATION PLEASE CONTACT
MALCOLM ON TEL: 01903 446955

~

Forth Coming Workshop, Fayres & Events

HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE

ADA STRA HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY 15TH APRIL 2018 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

~

SO WHAT HAPPENED AT?

The Lantern of Light, Burgess Hill Reflections on November

CYPRUS HALL, CYPRUS ROAD, BURGESS HILL, RH15 8DX

We saw a very high standard of mediumship at The Lantern with
4TH LESLEY HOUBE

It is really interesting how far people travel to spend an evening of spirit communication at the Lantern, Littlehampton, Gosport, Brighton and locally. This has always been the case which is great. Lesley gave direct messages, they were so very interesting, especially when you know the person and how accurate the message is. Giving guidance and love.

At the end of the evening Lesley asked if there were any questions, one was very deep as this person has been searching for years and it was their first time at the lantern and received what they needed.

Thank you Lesley for your work tonight.

~

11TH CLOSED

We cannot use the hall tonight as it is covered with Poppy wreaths for tomorrows Remembrance service in Burgess Hill

~

18TH MARLENE WOOLGAR

Everyone seemed to be suffering from Colds coughs and sore throats, but a beautiful demonstration was given by Marlene and Spirit.

Malcolm even received a beautiful message from his grandmother.

Beautiful messages of upliftment and closeness of spirit was the theme of the evening.

A beautiful time was had by all, with spirit communication.

Thank you Marlene for your work tonight

~

25TH SUE SMITH

Our dear friend Sue stepped in for Louise Eaton as she couldn't honour her visit to us.

What a wonderful evening we all experienced.

Lesleigh was on top form as the warm up person, but after singing the first some was struck down with this cough but was making people laugh at the same time. A true trooper. Malcolm and Lesleigh kept swapping roles as Lesleigh went outside to relieve her throat. Sue gave some beautiful messages, getting a few split links but working through them, a very interesting demonstration
Thank you Sue for your work tonight.

~

****JOIN US ON FACEBOOK****
****BURGESS HILL SPIRITUAL CENTRE****

Ad-Astra
Beacon of Light Spiritual Centre
Meditation Group Hassocks: Reflections on November

SUNDAY OCTOBER 29TH

WITH LESLEIGH "SUNRISE LAKOTA"

Before the services experience a gentle morning meditation,
the doors will open @ 10.00am and close at 10.10am
for an early morning meditation, the doors will open at 10.30am
for the divine service, if anyone wishes to join us please
be there prompt as the doors will be close to enable that quiet time for meditation.

All are welcome to this.

These meditations are amazing; they are guided by spirit through
Lesleigh in a very warm loving space, created just for this quiet time.

Even some mediums get there early to sit in the power
before their service. Awesome.

How powerful are these meditations?

the Journey is channelled by Lesleigh's guide and those seeking the peace and
serenity is never disappointed

WOW, what a meditation, purely sitting in the power of spirit, the theme was LOVE and
did you all certainly bring in the energy of LOVE, PEACE and serenity.

A morning not to be missed, one man said this is it for me

~

Ad-Astra
Beacon of Light Spiritual Centre
Divine Service Hassocks: Reflections on November

THE GREEN ROOM,

ADASTRA HALL,

31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH

SUNDAY 12TH NOVEMBER REMEMBRANCE SERVICE LESLEIGH & MALCOLM

@11.00AM prompt

Everything was set for a lovely morning, but when Lesleigh went to play the music

there was a huge problem, but with a lot of aggravation
from the internet music was restored.

Again people were placing pictures on our remembrance
table which is lovely. When Lesleigh went to read she voice completely went,
Lesleigh had a very bad cough and Malcolm had to take over,
Lesleigh was really sad that this had to happen as the reading was
very deep and wanted to share it with people, but thank you Malcolm for taking over.
As always the service was very beautiful.

~

SUNDAY 26TH NOVEMBER BRENDA CADE @11.00AM

The meditation really set the scene for a beautiful
morning in the company of spirit.

The theme was love and Brenda in her car felt the reading was not
right so changed it, what was chosen was about LOVE, so apt.

Brenda was nearly knocked off her feet when she walked through
the door with the amount of energy in the room. Lesleigh said to
Brenda when she arrived that some places just do not get it, the feeling in
the centre was amazing and it built and built as everyone's
energy was blending in together.

One lady came in who had passed a couple of days earlier and gave her
daughter and granddaughter a beautiful message. Derek Marney from
Spirit gave Malcolm a very interesting message as well.

You really had to be there to experience a beautiful magical service
in the company of spirit.

Thank you Brenda for your amazing work today.

JOIN US ON

****FACEBOOK: HASSOCKS SPIRITUAL-CENTRE****

Malcolm's & Lesleigh's Diary: Reflections on November

BOGNOR REGIS SPIRITUALIST CHURCH,
SUDLEY ROAD, BOGNOR REGIS
WEST SUSSEX PO21 1EJ

WEDNESDAY 1ST NOVEMBER 7.30PM
SERVICE WITH SPIRIT ART

What a beautiful service, Bognor has a President and new committee;
we wish them all the best as they take on guardianship
of this beautiful church, may it
grow from strength to strength.

The reading and address was very meaningful,
with Malcolm giving beautiful meaningful messages and
Lesleigh doing a couple of drawings.

~

BOGNOR REGIS SPIRITUALIST CHURCH,
SUDLEY ROAD, BOGNOR REGIS
WEST SUSSEX PO21 1EJ
FESTIVE FAYRE

SATURDAY 4TH NOVEMBER 10AM-4PM

It is not the amount of pennies or drawings you do at a fayre,
but of how you can be of service. Crystals finding new homes and
Lesleigh did a drawing of someone's guide who was over the moon.
Yummy cakes and mince pies was the order of the day.

~

REMEMBRANCE SERVICE
WITH LESLEIGH & MALCOLM
GREEN ROOM ADASTRA HALL, 31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6
8QH SUNDAY 12TH NOVEMBER 11AM

See page 10

~

REMEMBRANCE SERVICE
WITH LESLEIGH & MALCOLM
BROTHERHOOD GATE SPIRITUALIST CHURCH
ST. JAMES STREET
BRIGHTON BN1
SUNDAY 12TH NOVEMBER 5PM

Lesleigh And Malcolm were asked to step in to take a service, is it
A Remembrance service, no was the reply, but the church came round
and Lesleigh suggested to have it like the Beacon in the morning,
so yet again pictures were placed on a table with the poppy wreath
in centre position. As Lesleigh mum was with them the president decided to
hold the service downstairs as mum was in a wheel chair.
It was packed, people loved the idea of the pictures,
and one lady came specially as it was remembrance.



It was lovely listening to people sharing their pictures to each other.
Sharing stories together. It was a true honour to take the service.
Thank you for following Lesleigh's lead.

Events, Fayres & Workshop Reviews

NOTHING THIS MONTH

~

LIBRARY BOOKS

WE purchased a lot of books over the years and some have been donated.

Still I have about 40 which are still overdue, can you please check your bookshelves, and please allow them to find their way back to the centre; we are going back years on these.

We know who has hired them; we would just like them back.

Many thanks in advance

Our New Website

www.sussexmediums.com

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FACEBOOK HAVE CHANGED OUR SITES

PLEASE LIKE US

MALCOLM PUTLAND PUBLIC FIGURE

BURGESS HILL SPIRITUAL-CENTRE

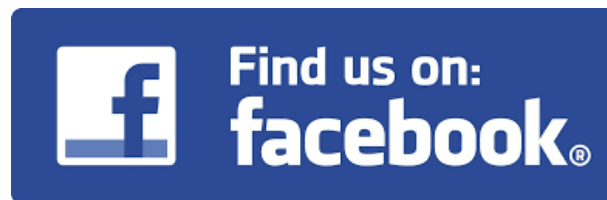
VISIONARY SYMBOLIC SOUL ART

SACRED SPIRITUAL FAYRES IN SUSSEX

HASSOCKS SPIRITUAL SPIRITUAL-CENTRE

SPIRIT ARTIST LESLEIGH "SUNRISE LAKOTA"

****NEW BRIGHTLANDS HEALING SANCTUARY NEW****



MALCOLM PUTLAND SPIRITUALIST MEDIUM

LESLEIGH SUNRISE BADGERY SPIRIT ARTIST

LESLEIGH BADGERY

We look forward to creating lots of friends on these Facebook sites
come and join us.

~

PSYCHIC NEWS

WE ARE NOW STOCKING PSYCHIC NEWS £2.80
THIS PUBLICATION HAS SOME WONDERFUL ARTICLES
A GREAT READ

~
Crystal Angel Shop

GIFT TOKENS FOR PRIVATE READINGS & HEALING ARE AVAILABLE

*******WE HAVE A LARGE SELECTION OF CRYSTAL AVAILABLE*******

NEW STOCK HAS JUST ARRIVED,

AMAZING CRYSTALS WAITING TO FIND THEIR NEW HOMES

We now are stockists of the **ETHERIC WEAVERS** which are wonderful healing tools, I know some of you have already seen them, but they are wonderful tools and are very powerful with rare earth magnets, double quartz terminators, and geometric shapes. Malcolm and Lesleigh are now Etheric Weaver practitioners of these amazing tools having purchased the complete set. We have now purchased for of the etheric weaver pendants for you to wear continually receiving the healing energies.

The Crystal Angel shop helps support the centres.

Thank you for supporting the crystal angel shop, we are always searching out new products and hand selected crystals. We have a lot of showrooms that we visit so if there is a particular stone or crystal that you desire, let us know and we will try and source it for you.

We now have a large selection of crystals ranging from 50p to £450 something to suit everyone's budget. Whether you are searching for a centre piece for a healing room/lounge or a journeying stone I'm sure you will find what you require. We cannot bring all the stones that we have, but are happy to give people a private viewing if there is something that you are looking for. We have a large selection of bracelets, pendants and necklaces, we are always searching out new items for you to look at and feel the energy.

We are always happy to put items away for people as crystals choose you and sometimes you do not have the money with you, always let us know, or if you are searching for a particular stone we will do our best to find it for you. Thank you for supporting the shop, it helps to keep the ever-growing costs down. It has been commented that our prices are very reasonable. We do try and keep the prices to a level that suits everyone.

You will find a selection of Angel Ornaments, Oracle Cards, and Hand Selected Crystals and other items to tempt you. I'm sure you will find something there to suit your requirements

~

ETHERIC WEAVERS WHAT ARE THEY I HEAR YOU SAY?



We stock and sell these wonderful Etheric Weavers are healing tools they are made by the Buddhist monks in Sedona USA. They are very powerful and shift the energy from around the Etheric body, releasing energy and eliminating pain. In some instances, the person has no more problems. They can be used on others, yourself, a picture of someone, their name, names in a healing book, animals, food, fluids; they can assist in your meditation. They are shaped quartz with 2 rare earth magnets either side wrapped in copper. They are an investment. We look forward to demonstrating them at the centres for you.

WEAVERS TO WEAR NOW IN STOCK



Wear your weaver to obtain maximum benefit from these beautiful healing tools

INTUITIVE HORSE RETREATS

This is a very exciting new venture from our dear friend Emma Colyer who runs Intuitive Horse, they are now doing Powerful way of learning, through horses. We are offering 3-day intensive retreats, suitable for anyone wishing to gain more emotional awareness and insight, develop their intuition, gain a deeper connection with self and work through any issues presenting themselves in your life.

Be prepared for something quite different and powerful as the horses guides you through a journey of self-discovery like no other. Allow the horses to be your guides and teachers.

Please visit our website-www.intuitivehorse.co.uk for more information.

No experience with horses is necessary.

This sound absolutely wonderful you will have a fantastic time
NEW COGHURST FARM, IVYHOUSE LANE, ORE, HASTINGS, TN35 4NP

PHONE NUMBERS- 07825 036 301

Email- info@intuitivehorse.co.uk

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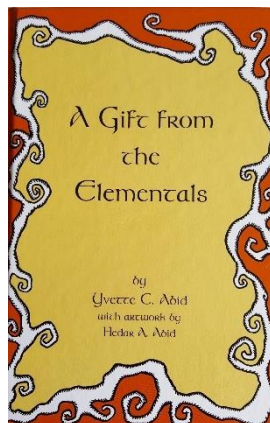
ADVERTISE

A GIFT FROM THE ELEMENTALS

YVETTE C ABID NEW BOOK

Yvette was at East Grinstead Spiritualist Church one Sunday morning and received a drawing from Lesleigh.

In her own words she tells the story.

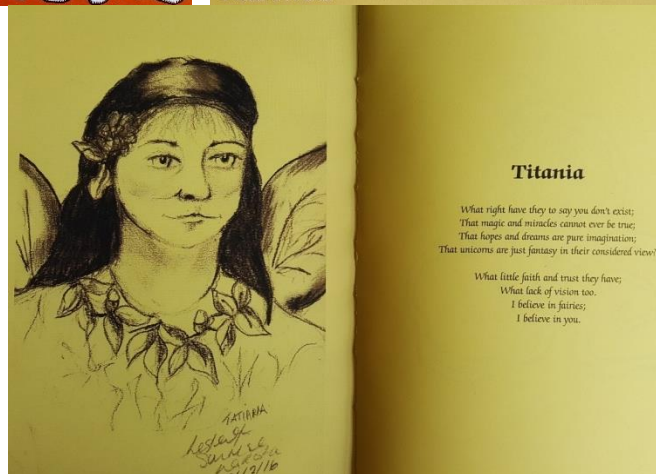


This book was given to me over the course of just three or four months at the beginning of 2016. When two of my children moved back to live with me at the end of 2015, I had found it difficult to find the time to meditate. I picked up pen and paper and just sat still, whereupon the words just seemed to flow, non-stop, for three months.

One particular poem, "Titania", was a light-bulb moment, when I realised these poems really had to be published. I had written "Titania" on a scrap of paper late one night, but was reluctant to put it in my manuscript book, believing people would think me ever so slightly bonkers to admit to a belief in fairies! However, I then received a message from the spirit world, channelled through the medium Lesleigh Badgery, thanking me for the work I had been doing. Lesleigh is a gifted spirit portrait artist (www.the-lantern-of-light.com) and provided the illustration of Titania (although she thought the name was Tatiana) before the clairvoyance service had even begun at my local Spiritualist Church. She had no idea of my close connection to nature and certainly hadn't a clue that I'd just written a poem about the Queen of Fairies!

Never having written poetry ever before, I suppose you could say this is my debut collection. However, I have no idea if I will be given any future volumes, so please enjoy this one while you can!

In love and light,
Yvette C. Abid



~

If you're hungry when in Brighton why not check out
WILD CHERRY QUEENS PARK ROAD, BRIGHTON, BN2 0GJ.

The food is homemade, the flavours are incredible.
The food gives you so much energy. You will be returning time after time.
You will not be disappointed. Tel: 01273 691 494

~

JANET BAIRD D.Iridol. D.Th.D BFRP

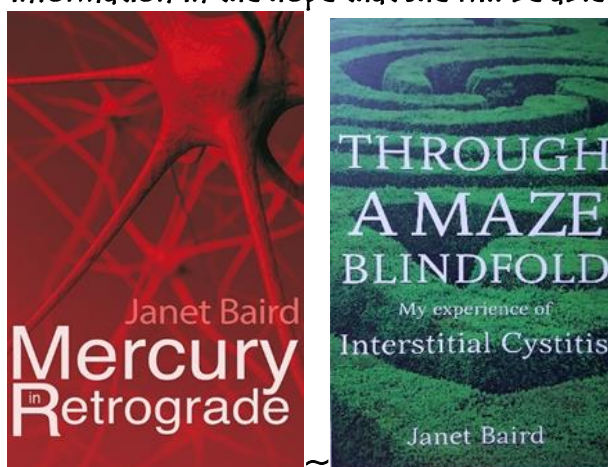
Introducing Janet Baird, Janet is one of our healing students and a helper to the Lantern of Light, but Janet is also an Iridologist, which is studying the eye for health issues, a Nutritionist and she works with the wonderful Bach Flower Remedies.

You can have a chat to Janet
by ringing her on Tel: 01273 721706 for an appointment

JANET'S NEW BOOK IS OUT
MERCURY IN RETROGRADE

Mercury in Retrograde focuses on Janet Baird's personal experience with dystonia. This book covers various aspects of her life, from diagnosis to discovering the reason behind the cause of the condition.

From her own research and experience, Janet has found the cause of her dystonia and has found that she is now 95% cured. She shares this information in the hope that she will be able to help others.



THROUGH A MAZE BLINDFOLD
My Experience of
Interstitial Cystitis

Janet has just had a book the first of 3 published about her journey with Interstitial Cystitis.

What an amazing, thought provoking book.
Janet has well researched this subject and how mercury from our fillings can cause us many problems, a book that I couldn't put down.
Good luck Janet with the sale of your book only £9.95

Available from Janet direct, at the Lantern on Saturdays,
our fayres in April & October and online

~
PHILOSOPHY

Some interesting words from our Philosophy groups channelled by spirit
Available next month

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We hope that you have enjoyed reading our newsletter,
if you have any comments please feel free to drop us an email.
If you have a friend who you feel would like to receive our newsletter,
please let us know with their email address
and we will include them. If you do not wish to receive the newsletters
please let us know and we will take you off the mailing list.

Thank you for your continued
support with the different events and centres that we run,
for without you we would not be there, remember they are your centres.
May you all feel spirits love and grow in the knowledge that they are
only a whisper away. We always love to hear from you with your comments.

Love, light and Angel blessings
Lesleigh and Malcolm

OUR WEBSITES

www.sussexmediums.com & www.the-lantern-of-light.com



Demonstrators are subject to change; the website is updated with any changes if they occur.



~
WRITTEN AND PRINTED BY LESLEIGH
TEL: 01903 446955