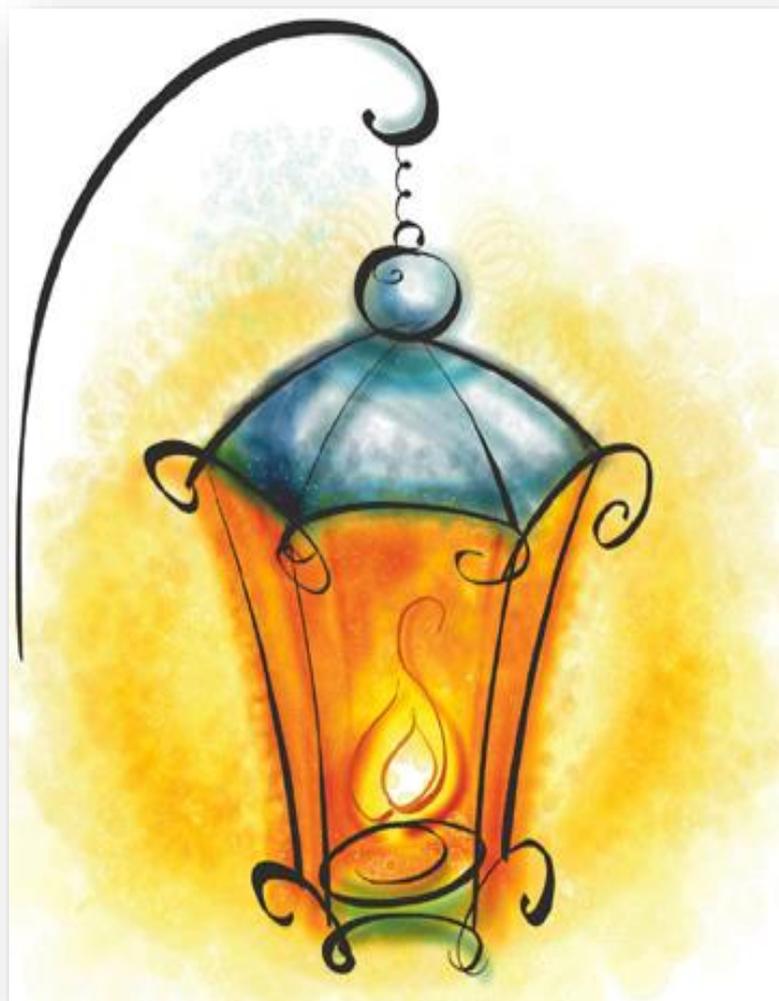


THE LANTERN  
OF LIGHT  
NEWSLETTER  
FEBRUARY 2019



# SPIRIT.COM

139TH Issue  
FEBRUARY 2019

NOW IN OUR 16<sup>TH</sup> YEAR

YOUR MONTHLY NEWSLETTER FROM

*The Lantern of Light  
Burgess Hill Spiritual Centre,  
Ad-Astra Beacon of Light  
Hassocks Spiritual Centre, Divine Service  
Malcolm Putland's & Lesleigh's  
Public Engagements,  
"Brightlands" Sacred Space Healing Centre,  
Ceremonies, Events, Workshops and Fayres.*

[www.the-lantern-of-light.com](http://www.the-lantern-of-light.com)

Our newsletters have proved to be very popular;  
we thank you for your feedback.

We would still like to ask you for your comments and if you feel  
we can

add any other relevant information.

We will continue to keep you up-to-date with the events that  
have happened in the previous month, what is happening at the  
various venues that we operate and where  
you can see Malcolm and Lesleigh demonstrating for this month.

~

**So, what is happening at the venues?**

**Burgess Hill, The Lantern of Light Spiritual Centre  
February**

WE HAVE NEW MEDIUMS VISITING THE CENTRE AGAIN THIS YEAR.  
THIS MONTH WE HAVE;

CLAIRVOYANT EVENING  
MOST SATURDAY'S AT CYPRUS HALL, CYPRUS ROAD  
BURGESS HILL, RH15 8DX AT 7.30PM

FEBRUARY

2ND NIGEL GAFF

We welcome Nigel back to the centre to link some of you with your loved ones. Nigel travels parts of America and the Middle East sharing his gift of Mediumship.

All are welcome to share in the experience

~

9TH LOUISE EATON

We welcome Louise back to the centre to link some of you with your loved ones with her mediumship.

One very special evening, Louise had been blind since birth, but uses her Clairvoyance and Clairsentance to bring forward your loved ones.

All are welcome to share in the experience

~

16th GAIL MOFFATT

Another exciting evening, as we welcome back to the centre Gail Moffatt, Gail had a very interesting evening last time with us. So we look forward to Gail sharing her gift of spirit, Gail has a wonderful link with spirit.

All are welcome to share in the experience.

~

23RD SUE SMITH

Our dear friend Sue is back to link the two worlds together, let's give Sue a warm Lantern welcome, as we invite Sue and your loved ones to bring forward messages of hope and upliftment.

All are welcome

~

**FREE PARKING**

**\*\*\*\*\*FACEBOOK: BURGESS HILL SPIRITUAL-CENTRE\*\*\*\*\***

DEMONSTRATORS ARE SUBJECT TO CHANGE;  
THE WEBSITE IS UPDATED WITH ANY CHANGES IF THEY OCCUR.

## Ad-Astra Beacon of Light Spiritual Centre February Meditation Circle Hassocks:

THE GREEN ROOM, ADASTRA HALL,  
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH  
SUNDAY 24<sup>TH</sup> FEBRUARY

WITH LESLEIGH SUNRISE LAKOTA & GUIDES

Before the services experience a gentle morning meditation,  
the doors will open @ 10.00am and close at 10.10am  
for an early morning meditation, the doors will open at 10.30am  
for the divine service, if anyone wishes to join us please  
be there prompt as the doors will be close to enable that quiet time  
for meditation. All are welcome to this.

These meditations are amazing; they are guided by spirit through  
Lesleigh in a very warm loving space, created just for this quiet time.  
Even some mediums get there early to sit in the power before their service.  
Awesome.

~

THE GREEN ROOM,  
ADASTRA HALL,  
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH  
SUNDAY 24<sup>TH</sup> FEBRUARY @ 11.00am  
BRENDA CADE

Brenda is back at the centre; let us give her a warm Beacon welcome.  
Brenda will be guiding us through a beautiful service, full of Love,  
philosophy & messages.

A beautiful morning in the company of spirit.  
All are welcome

~

\*\*\*\*FACEBOOK: HASSOCKS SPIRITUAL-CENTRE\*\*\*\*

## Malcolm's & Lesleigh's Diary of Services, Demonstration & Workshops for February

CHALICE OF LIGHT  
WILLICOMBE HOUSE  
WILLICOMBE PARK, PEMBURY ROAD,  
TUNBRIDGE WELLS, KENT, TN2 3UU  
SUNDAY 17<sup>TH</sup> @ 6.30 PM  
DIVINE SERVICE WITH SPIRIT ART

PORTSMOUTH TEMPLE OF SPIRITUALISM,  
73A VICTORIA ROAD SOUTH, SOUTHSEA, PORTSMOUTH,  
HAMPSHIRE, ENGLAND,  
PO5 2BU.

WEDNESDAY 27<sup>TH</sup> @2.30PM  
DEMONSTRATION WITH SPIRIT ART

~

\*\*\*\*FACEBOOK: MALCOLM PUTLAND SPIRITUALIST MEDIUM\*\*\*\*

\*\*\*\*FACEBOOK: LESLEIGH SPIRIT ART/ARTIST\*\*\*\*

MORE VENUE & DATES ARE ADDED THROUGHOUT THE MONTH  
AS WE ACCEPT CANCELLATIONS PLEASE CHECK WEBSITE  
MALCOLM & LESLEIGH BOTH WORK FOR SPIRIT  
BOTH PRIVATELY AND PUBLICLY, PRIVATE SITTINGS,  
WE ARE ALSO AVAILABLE TO DO PRIVATE DEMONSTRATION IN YOUR  
OWN HOME FOR A GROUP OF PEOPLE.

For further information please contact us. Tel: 01903 446955  
Malcolm with his mediumistic readings,  
Lesleigh with Spirit Art plus information around the person or her  
visionary soul art with information about your soul's journey  
Please ring Tel: 01903 446955 to book an  
appointment for a private reading  
They are registered Spiritual Healers, Etheric Weaver practitioners  
and Reiki Masters and are available for home consultations.  
We are available to visit on request,  
to private addresses, care homes, hospitals and hospices.

~

WE ARE ALSO AVAILABLE TO CONDUCT ALL CEREMONIES  
NAMING CEREMONIES/ CHRISTENINGS,  
FUNERALS, INTERMENTS OF ASHES, WEDDINGS,  
SPIRITUAL MARRIAGE BLESSINGS,  
RENEWAL OF VOWS & HOUSE BLESSINGS

### **Sacred Space Healing Centre Burgess Hill**

EVERY SATURDAY THERE ARE REGISTERED SPIRITUAL HEALERS  
ON HAND TO CHANNEL HEALING ENERGIES TO THOSE  
IN NEED OF A TOP UP HEALING. IT IS OFFERED ON A DONATION BASIS.  
Don't forget you only need to ask and one of our qualified healers will  
assist you.

## Brightlands Sacred Space Healing Centre

We now have a healing clinic in Worthing,  
Where we can offer different complimentary therapies  
Please join us on our Facebook page

\*\*\*\*NEW BRIGHTLANDS HEALING SANCTUARY NEW\*\*\*\*



"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, BN13 3AA

For a longer session using a couch with either Spiritual healing  
or Reiki is available on a donation basis.

**METATRON MAT HEALING**

**\*\*\*PYRAMID ENERGY HEALING, & ETHERIC WEAVER ENERGY HEALING\*\*\***

An energy exchange is required for this, speak to Lesleigh or Malcolm.  
HEALING CAN ARRANGED EITHER IN WORTHING OR IN YOUR OWN HOME.

~

If you wish to become a **REGISTERED SPIRITUAL HEALER**  
Please see the information on development in this newsletter,  
or contact Malcolm on TEL: 01903 446955

## Self-Development Groups

THESE GROUPS ARE BRINGING FORWARD BEAUTIFUL LINKS,

As a teaching centre Malcolm & Lesleigh, hold several groups for your personal development. Why not see if we can help you develop or find your spiritual gifts. Listed below are the various groups  
THEY ARE HELD AT THE SANCTUARY

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, WEST SUSSEX,  
BN13 3AA

### DEVELOPMENT CIRCLE/GROUP

This is a circle at 7.30pm and is held on alternate Mondays

### DEVELOPMENT CIRCLE/GROUP

This circle is at 7.30pm and is held on alternate Tuesdays

### DEVELOPMENT CIRCLE/GROUP DAYTIME

Alternate Wednesday's at 10.30am

### HEALER TRAINING CIRCLE/GROUP DAYTIME

Alternate Wednesday's @ 1pm

### PHILOSOPHY & HIGHER LEVEL DEVELOPMENT GROUP (BY REQUEST)

Alternate Thursday's at 10.30am

A chance to allow philosophy to be delivered by your guides at a very high level, bringing forward the spoken words from spirit, inspired writing from spirit.

Understanding the depth of prayer and your link with your higher-level guides.

This group is by request and limited numbers ask about availability

### Healer Training Circle/Group

This circle is at 7.30pm on most Thursdays see Calendar below

### MEDITATION GROUP

New group alternate Friday's at 10.30am

### MEDITATION GROUP (THE GREEN ROOM ADASTRA HALL HASSOCKS)

Last Sunday of the month @10.10am

Amazing results are being experienced at the groups, the groups are really moving forward. It is so wonderful to be part people's journeys, exploring all avenues of spirit, finding your spiritual pathway.

FEBRUARY

S	M	T	W	T	F	S
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					1	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
			13	14	15	
17	18	19	20	21	22	23
24	25	26		28		
				28		

**Psychic\* Spiritual\* Holistic\* Fayres**



HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE  
 ADASTRA HALL

KEYMER ROAD, HASSOCKS, BN6 8QH  
 SUNDAY 12<sup>TH</sup> MAY 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

\*\*\*\*\*IF ANYONE CAN GIVE MALCOLM SOME HELP IN THE KITCHEN\*\*\*\*\*

IT WOULD BE GRATEFULLY ACCEPTED WITH WASHING UP, SERVING ETC

**\*\*\*\*\* LANTERN MEMORY BOOK \*\*\*\*\***

*If you have a memory or memories,  
 please forward it to Lesleigh  
 If they are not recorded, they are lost forever.*

Lesleigh is putting together for our anniversary, experiences that have happened at the lantern over those years and there have been many.

It would be lovely if you could email Lesleigh your experience of the lantern. Your name will not be printed if you do not want it to be.

We do not know how many people have been helped and put on their pathway, but we know for quite a few it has been life changing  
[lesleigh54@gmail.com](mailto:lesleigh54@gmail.com)

**Forth Coming Workshop, Fayres & Events**

# FIRST NATION GATHERING OF DRUMMING AND PRAYER

*With*  
**LESLEIGH "SUNRISE LAKOTA"**



SUNDAY 3<sup>RD</sup> MARCH 2019

2.30 Pm to 5.00pm

£15

BOGNOR REGIS SPIRITUALIST CHURCH  
SUDLEY ROAD

*Please bring with you, your drums, rattles,  
blankets, water and love in your hearts*

CONTACT LESLEIGH TEL: 07850 433711 OR THE CHURCH FOR MORE  
INFO

~



HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE  
ADA STRA HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY 12<sup>TH</sup> MAY 2019 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

~

**Private Readings**

**IF YOU WOULD LIKE A PRIVATE ONE TO ONE  
READING**

MALCOLM OR LESLEIGH ARE AVAILABLE FOR PRIVATE READINGS IN THEIR  
SANCTUARY AT WORTHING IF YOU WOULD LIKE MORE INFORMATION

PLEASE CONTACT MALCOLM ON TEL: 01903 446955

SO, WHAT HAPPENED AT?

**The Lantern of Light, Burgess Hill**  
**Reflections on January**

CYPRUS HALL, CYPRUS ROAD, BURGESS HILL, RH15 8DX

We saw a very high standard of mediumship at The Lantern with

5TH BRIAN OXLEY

What a great evening we shared with Brian, as he linked some of you with your loves ones. Brian raised the energy when he commented that he had never before sung I am the girl with golden hair, Lesleigh always wants to sing brown hair. Brian did a wonderful opening prayer and Lesleigh commented to Brian that she felt Betty Horne between them both, Betty was Brian's facilitator as well as Lesleigh's and Malcolm's. Brian asked where Lesleigh's mum was she was out galavanting with someone from the centre watching Andre Reiu Live from Australia, coming back to the centre full of laughter and music. What a wonderful evening full of love and laughter.

Thank you Brian for your work tonight

~

12TH ANDY MULLIGAN\*

What a great banter with Lesleigh & Andy before the demonstration, Lesleigh sharing how Malcolm's dad used to bring Lesleigh's dad through, so never dismiss who comes to communicate with you as you do not know who they have waiting in the wings. There were a lot of new people in the congregation that had never seen Andy work before, it is always great to work with new people, Andy's drawings are amazing. You can always hear a pin drop when Andy is working, people are so ingrossed to see the drawings being created by spirit.

One very interesting evening.

Thank you Andy for your work tonight.

~

19TH MADGE SUMMERFIELD

It was lovely having Madge back with us, as usual Madge brought a little ditty with her. Lesleigh did wonder where it was going, it did bring a lot of laughter, which in turn raised the energy.

New people again in the congregation which is wonderful to see, just like the old days. Great messages, one to a young lad who is so interested in spirit. There was a lot of guidance given which is great as a lot of people go

home with question, it is always mentioned at the end of the evening,  
never to go home with a question.

Wonderful evidence. A couple of quotes from spirit were very meaningful,  
"Thank the bad things as well, they help us to grow" & "Pray for what you  
need not what you want".

Thank you Madge for your work tonight.

~

26TH PAUL JOHNSTON

It was lovely having Paul back with us, his evidence was totally of the wall  
which was making people have to think about what he was going through, it  
was all accepted in the end, spirit wanted to get our grey cells working.

Paul know where he need to be, it is interesting seeing the cogs of the  
wheels moving around as people think about the information and then  
the penny drops.

One new person asked a special person to come through and they did and  
Paul said to him that her had asked, spirit hear our thoughts and this lad  
did his best to give his evidence so the receiver got the message and could  
take it.

**\*JOIN US ON FACEBOOK\*\*\*\***

**\*\*\*\*BURGESS HILL SPIRITUAL CENTRE\*\*\*\***

~

**Ad-Astra**

**Beacon of Light Spiritual Centre**

**Meditation Group Hassocks: Reflections on January**

SUNDAY 27<sup>th</sup> JANUARY 2019

WITH LESLEIGH "SUNRISE LAKOTA" & GUIDES

Before the services experience a gentle morning meditation,

the doors will open @ 10.00am and close at 10.10am

for an early morning meditation, the doors will open at 10.30am

for the divine service, if anyone wishes to join us please

be there prompt as the doors will be close to enable that

quiet time for meditation.

All are welcome to this.

These meditations are amazing; they are guided by spirit through  
Lesleigh in a very warm loving space, created just for this quiet time.

Even some mediums get there early to sit in the power

before their service. Awesome.

How powerful are these meditations?  
the Journey is channelled by Lesleigh's guide and those seeking the peace  
and serenity is never disappointed

Wow what an amazing journey the people there went on, the peace and  
serenity in the room was amazing, just by playing a different piece of  
music brought in the love and tranquillity.

You could see the depth that people had gone too.  
It is beautiful to find that peace and love within yourself.

~

**Ad-Astra**

**Beacon of Light Spiritual Centre**

**Divine Service Hassocks: Reflections on January**

THE GREEN ROOM,

ADASTRA HALL,

31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH

SUNDAY 27<sup>TH</sup> JANUARY

FRANKIE WHELAN @11.00AM

It was wonderful to see Frankie, taking our Divine service, having recently  
returned home from Ireland he was impressed to read something from  
Mother Theresa, listed below.

DO IT ANYWAY

People are often unreasonable, irrational, and self-centred.

Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives.

Be kind anyway.

If you are successful, you will win some unfaithful friends and some  
genuine enemies. Succeed anyway.

If you are honest and sincere people may deceive you.

Be honest and sincere anyway.

What you spend years creating, others could destroy overnight.

Create anyway.

If you find serenity and happiness, some may be jealous.

Be happy anyway.

The good you do today, will often be forgotten. Do good anyway.

Give the best you have, and it will never be enough.

Give your best anyway.

In the final analysis, it is between you and God.  
It was never between you and them anyway.

~

Mother Teresa"

The address that followed was so beautiful, one lady was emotional throughout, which was beautiful to share, it goes to prove how much the spoken word from spirit can resonate with our hearts.

Messages given, Love shared, what more can we give thanks for on this wonderful Sunday morning in the company of Frankie and spirit

Thank you, Frankie, for your work this morning.

~

JOIN US ON

\*\*\*\*FACEBOOK: HASSOCKS SPIRITUAL-CENTRE\*\*\*\*

~

## Malcolm's & Lesleigh's Diary: Reflections on January

EVENING OF MEDIUMSHIP & SPIRIT ART  
ALDWICK ROYAL BRITISH LEGION  
HEWARTS LANE, ROSE GREEN,  
BOGNOR REGIS, PO21 3SJ  
18<sup>TH</sup> JANUARY @7.30PM

The first of the year and a warm welcome was given to us, as we linked some with their loved one, who gave messages of upliftment, guidance and evidence of the continuation of life, while Lesleigh did 4 drawings which were placed by the information. Lesleigh's mum winning a raffle prize and yes she chose a soft toy, her room is more like Hamley's now, anything to keep her happy.

Thank you spirit for using us tonight.

~

## Events, Fayres & Workshop Reviews

~

### LIBRARY BOOKS

We purchased a lot of books over the years and some have been donated.

Still I have about 40 which are still overdue, can you please check your bookshelves, and please allow them to find their way back to the centre; we are going back years on these.

We know who has hired them; we would just like them back.

Many thanks in advance

**PHILOSOPHY**  
**FROM OUR STUDENTS HERE AND IN NEW ZEALAND**  
**POSITIVITY**

Friends, it is good to be with you again after your short break. We have much to impart. Please forgive us if we refer to the negative when providing information on the positive. It is only in this manner that you will comprehend the nature of the beast that is positivity.

When you were born into your physical body your brain and your mind could be said to be clean slates. As you got older you learnt many lessons and this information was stored for future reference within what we shall refer here, as these are terms that you will understand, as your conscious and subconscious minds. In a previous lesson we have mentioned that the mind is actually the spirit brain within the physical body, but for the purposes of ease here we are simply using the term as meaning that section of the brain which automatically, i.e. without your thinking, runs the functioning of the physical body. Now, think of the conscious brain as being a bucket with a small hole at the bottom. Think also of the subconscious mind as being a bucket which is totally watertight. Also picture the bucket with the hole being placed above the sound bucket. When a lesson is learnt during your lifetime, being when you are young or old, the information gathered is placed within the bucket with the hole in it. Gradually during your lifetime the upper bucket continually leaks into the lower bucket. The lower bucket as you might expect, becomes full. As this bucket is watertight items stored within it remain in place and can't escape and nothing new can enter either.

I know that you are wondering what this has got to do with the subject in hand. The explanation is quite easy to grasp when it is pointed out to you what is going on here. You see, your life's journey is made up of an assortment of negative and positive experiences. The effects on you of these all become stored in the subconscious mind. The subconscious mind, like the before mentioned bucket, can only hold a certain amount. As you progress through your life, experiences which have been stored away are referred back to and your subsequent reaction will be based on these prior experiences. Unfortunately for you if your prior experience of the situation was negative you will most probably react in the same negative

fashion as before. The vice versa scenario will inevitably lead to a positive reaction. The higher percentage of positivity or negativity stored within the subconscious mind will lead you to be either classed as a positive or negative person.

We will not speak now of how to change from being a negative to a person who has a positive outlook on life as this is another lesson in itself.

However we pass our observations on positivity. Positivity, as with all things, is another form of vibration. With this vibration you can literally say 'everything is right with the world'. As you will see from before, no person can possibly be totally positive but one could say that a positive person has the 'bucket' of the majority of their subconscious mind full with positivity. The higher vibration of positivity brings with it correct functioning of the physical form, whilst the lower vibration of negativity inevitably leads to dis-ease and decay. Those of you with negative thoughts will inevitably see those things that will go wrong for them, but positivity will see that anything good is possible. The vibration of your thoughts generates the world that you live in, so positivity must be the order of the day to allow for progression. Negativity will always throw rocks on your route of life and positivity will clear any rocks from your path and pave your way with gold, so to speak.

Consider the above, in particular, how to change any negative thoughts of yours into the positive. We cannot emphasise more that you should fill your life with positivity, positivity, and more positivity. Possibly a difficult task, but an essential one.

May the vibrations of positivity and love be with you at all times.

CHANNELLED BY JD<sup>®</sup>

Our New Website

[www.sussexmediums.com](http://www.sussexmediums.com)



FACEBOOK HAVE CHANGED OUR SITES

PLEASE LIKE US

MALCOLM PUTLAND PUBLIC FIGURE  
BURGESS HILL SPIRITUAL-CENTRE  
VISIONARY SYMBOLIC SOUL ART  
SACRED SPIRITUAL FAYRES IN SUSSEX  
HASSOCKS SPIRITUAL SPIRITUAL-CENTRE  
SPIRIT ARTIST LESLEIGH "SUNRISE LAKOTA"

\*\*\*\*NEW BRIGHTLANDS HEALING SANCTUARY NEW\*\*\*\*



MALCOLM PUTLAND SPIRITUALIST MEDIUM  
LESLEIGH SUNRISE BADGERY SPIRIT ARTIST  
LESLEIGH BADGERY

We look forward to creating lots of friends on these Facebook sites  
come and join us.

~  
PSYCHIC NEWS

WE ARE NOW STOCKING PSYCHIC NEWS £2.80  
THIS PUBLICATION HAS SOME WONDERFUL ARTICLES  
A GREAT READ

~  
**Crystal Angel Shop**

**GIFT TOKENS FOR PRIVATE READINGS & HEALING ARE AVAILABLE**

**\*\*\*\*\*WE HAVE A LARGE SELECTION OF  
CRYSTAL AVAILABLE\*\*\*\*\***

**NEW STOCK HAS JUST ARRIVED,  
AMAZING CRYSTALS WAITING TO FIND THEIR NEW HOMES**

We now are stockists of the **ETHERIC WEAVERS** which are wonderful  
healing tools, I know some of you have already seen them, but they are  
wonderful

tools and are very powerful with rare earth magnets, double quartz  
terminators, and geometric shapes. Malcolm and Lesleigh are now

Etheric Weaver practitioners of these amazing tools having purchased the complete set. We have now purchased for of the etheric weaver pendants for you to wear continually receiving the healing energies.

The Crystal Angel shop helps support the centres.

Thank you for supporting the crystal angel shop, we are always searching out new products and hand selected crystals. We have a lot of showrooms that we visit so if there is a stone or crystal that you desire, let us know and we will try and source it for you. We now have a large selection of crystals

ranging from 50p to £450 something to suit everyone's budget. Whether you are searching for a centre piece for a healing room/lounge or a journeying stone I'm sure you will find what you require. We cannot bring all the stones that we have, but are happy to give people a private viewing if there is something that you are looking for. We have a large selection of bracelets, pendants and necklaces, we are always searching out new items for you to look at and feel the energy.

We are always happy to put items away for people as crystals choose you and sometimes you do not have the money with you, always let us know, or if you are searching for a stone, we will do our best to find it for you. Thank you for supporting the shop, it helps to keep the ever-growing costs down. It has been commented that our prices are very reasonable. We do try and keep the prices to a level that suits everyone.

You will find a selection of Angel Ornaments, Oracle Cards, and Hand Selected Crystals and other items to tempt you. I'm sure you will find something there to suit your requirements

~

### ETHERIC WEAVERS WHAT ARE THEY I HEAR YOU SAY?



We stock and sell these wonderful Etheric Weavers are healing tools they are made by the Buddhist monks in Sedona USA.

They are very powerful and shift the energy from around the Etheric body, releasing energy and eliminating pain. In some instances, the person has no more problems.

They can be used on others, yourself, a picture of someone, their name, names in a healing book, animals, food, fluids; they can assist in your meditation.

They are shaped quartz with 2 rare earth magnets either side wrapped in copper. They are an investment. We look forward to demonstrating them at the centres for you.

**WEAVERS TO WEAR NOW IN STOCK**



Wear your weaver to obtain maximum benefit from these beautiful healing tools

~

### **INTUITIVE HORSE RETREATS**

This is a very exciting new venture from our dear friend Emma Colyer who runs Intuitive Horse, they are now doing a powerful way of learning, through horses. We are offering 3-day intensive retreats, suitable for anyone wishing to gain more emotional awareness and insight develop their intuition, gain a deeper connection with self and work through any issues presenting themselves in your life.

Be prepared for something quite different and powerful as the horses guide you through a journey of self-discovery like no other.

Allow the horses to be your guides and teachers. Please visit our website-[www.intuitivehorse.co.uk](http://www.intuitivehorse.co.uk) for more information.

No experience with horses is necessary.

This sound wonderful you will have a fantastic time  
NEW COGHURST FARM, IVYHOUSE LANE, ORE, HASTINGS, TN35 4NP  
PHONE NUMBERS- 07825 036 301  
Email- [info@intuitivehorse.co.uk](mailto:info@intuitivehorse.co.uk)

~  
**ADVERTISE**

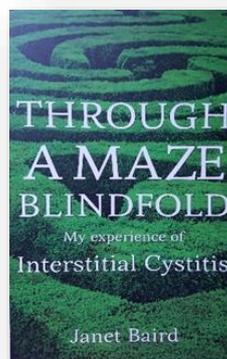
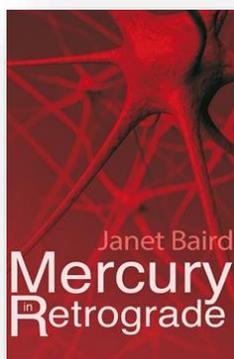
JANET BAIRD D. Iridol. D.Th. D BFRP

Introducing Janet Baird, Janet is one of our healing students and a helper to the Lantern of Light, but Janet is also an Iridologist, which is studying the eye for health issues, a Nutritionist and the works with the wonderful Bach Flower Remedies. You can have a chat to Janet by ringing her on Tel: 01273 721706 for an appointment

JANET'S NEW BOOK IS OUT  
MERCURY IN RETROGRADE

Mercury in Retrograde focuses on Janet Baird's personal experience with dystonia. This book covers various aspects of her life, from diagnosis to discovering the reason behind the cause of the condition.

From her own research and experience, Janet has found the cause of her dystonia and has found that she is now 95% cured. She shares this information in the hope that she will be able to help others.



~  
THROUGH A MAZE BLINDFOLD

My Experience of Interstitial Cystitis

Janet has just had a book the first of 3 published about her journey with Interstitial Cystitis. What an amazing, thought provoking book.

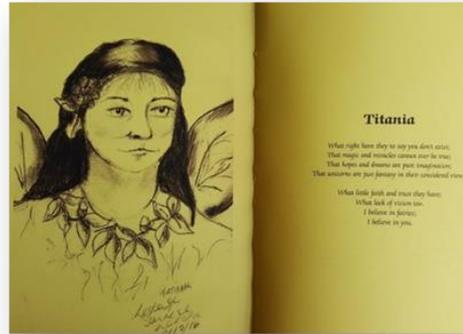
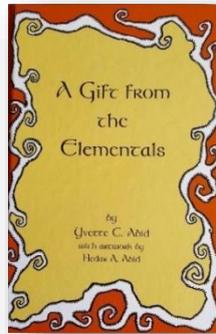
Janet has well researched this subject and how mercury from our fillings can cause us many problems, a book that I couldn't put down.

Good luck Janet with the sale of your book only £9.95

Available from Janet direct, at the Lantern on Saturdays, and online

A GIFT FROM THE ELEMENTALS  
YVETTE C. ABID NEW BOOK

Yvette was at East Grinstead Spiritualist Church one Sunday morning and received a drawing from Lesleigh. In her own words she tells the story.



**T**his book was given to me over the course of just three or four months at the beginning of 2016. When two of my children moved back to live with me at the end of 2015, I had found it difficult to find the time to meditate. I picked up pen and paper and just sat still, whereupon the words just seemed to flow, non-stop, for three months.

One particular poem, "Titania", was a light-bulb moment, when I realised these poems really had to be published. I had written "Titania" on a scrap of paper late one night, but was reluctant to put it in my manuscript book, believing people would think me ever so slightly bonkers to admit to a belief in fairies! However, I then received a message from the spirit world, channelled through the medium Lesleigh Badgery, thanking me for the work I had been doing. Lesleigh is a gifted spirit portrait artist ([www.the-lantern-of-light.com](http://www.the-lantern-of-light.com)) and provided the illustration of Titania (although she thought the name was Tatiana) before the clairvoyance service had even begun at my local Spiritualist Church. She had no idea of my close connection to nature and certainly hadn't a clue that I'd just written a poem about the Queen of Fairies!

Never having written poetry ever before, I suppose you could say this is my debut collection. However, I have no idea if I will be given any future volumes, so please enjoy this one while you can!

In love and light,  
Yvette C. Abid

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### HOLISTIC SERVICES

#### LEGAL ADVICE

Lesleigh friend's wife has offered her services on a spiritual basis for people wanting to make their wills etc. If you wish to speak to someone that would understand your spiritual requirements please give her a ring. She lives in Burgess Hill.



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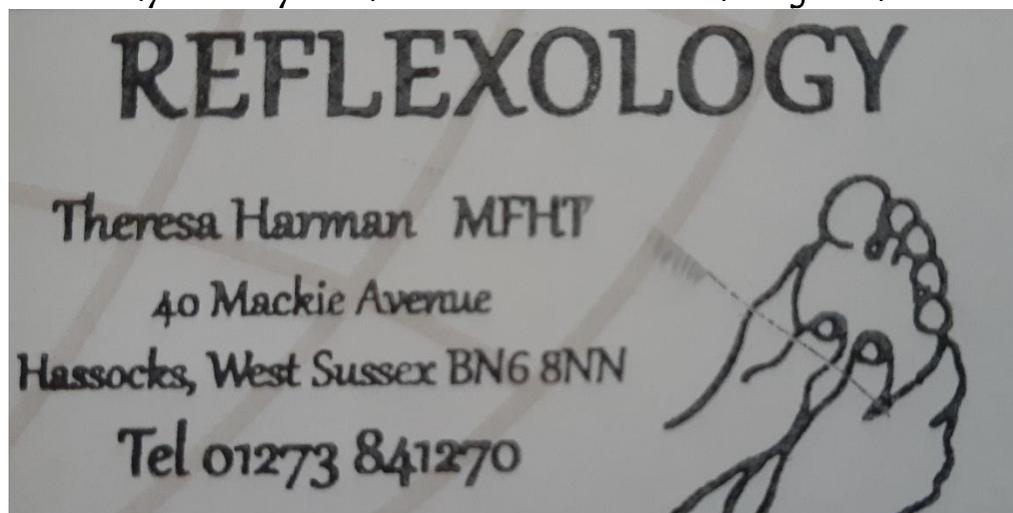
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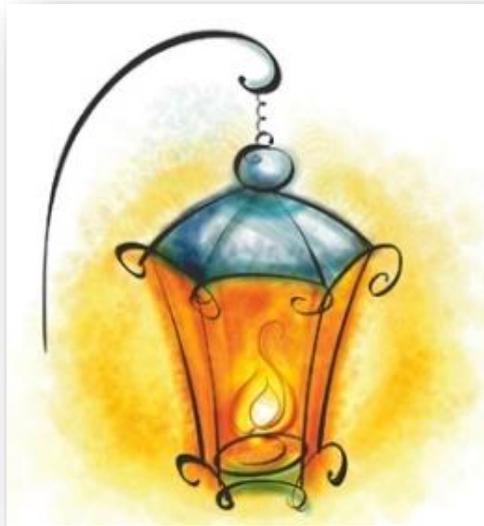
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if you have any comments please feel free to drop us an email.  
If you have a friend who you feel would like to receive our newsletter,  
please let us know with their email address  
and we will include them. If you do not wish to receive the newsletters  
please let us know and we will take you off the mailing list.

Thank you for your continued  
support with the different events and centres that we run,  
for without you we would not be there, remember they are your centres.  
May you all feel spirits love and grow in the knowledge that they are  
only a whisper away. We always love to hear from you with your  
comments.

Love, light and Angel blessings  
Lesleigh and Malcolm

### **OUR WEBSITES**

[www.sussexmediums.com](http://www.sussexmediums.com) & [www.the-lantern-of-light.com](http://www.the-lantern-of-light.com)



Demonstrators are subject to change; the website is updated with any changes if they occur.



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