

THE LANTERN
OF LIGHT
NEWSLETTER
JUNE 2018



SPIRIT.COM

131ST Issue
JUNE 2018

NOW IN OUR 15TH YEAR

YOUR MONTHLY NEWSLETTER FROM

**The Lantern of Light Burgess Hill Spiritual Centre,
Ad-Astra Beacon of Light
Divine Service Spiritual Centre Hassocks,
Malcolm Putland's & Lesleigh's
Public Engagements,
"Brightlands" Sacred Space Healing Centre,
Ceremonies, Events, Workshops and Fayres.**

www.the-lantern-of-light.com

Our newsletters have proved to be very popular; we thank you for your feedback.
We would still like to ask you for your comments and if you feel we can
add any other relevant information.

We will continue to keep you up-to-date with the events that have happened in the
previous month, what is happening at the various venues that we operate and where
you can see Malcolm and Lesleigh demonstrating for this month.

~
So what is happening at the venues?

**Burgess Hill, The Lantern of Light Spiritual Centre
June**

WE HAVE NEW MEDIUMS VISITING THE CENTRE AGAIN THIS YEAR.
THIS MONTH WE HAVE;

CLAIRVOYANT EVENING
MOST SATURDAY'S AT CYPRUS HALL, CYPRUS ROAD
BURGESS HILL, RH15 8DX AT 7.30PM

JUNE

2ND CLOSED

We are unable to use the hall

~

9TH CLOSED

We are unable to use the hall

~

16TH PAUL JOHNSTON

Lovely Paul is back with us, delivering messages from your
Loved ones in his unique way of working.

All are welcome.

~

23RD MADGE SUMMERFIELD

Madge has a wonderful link with spirit that we welcome her
Back to share her gift of mediumship.

All are welcome to share this magical experience.

~

30TH CARRIE ANNE RILEY

Carrie is new to the centre, so let's give her a true
Lantern welcome. Carrie is travelling a long distance so all are welcome
to share in this magical experience

~

FREE PARKING

*****FACEBOOK: BURGESS HILL SPIRITUAL-CENTRE*****

DEMONSTRATORS ARE SUBJECT TO CHANGE;
THE WEBSITE IS UPDATED WITH ANY CHANGES IF THEY OCCUR.

Ad-Astra Beacon of Light Spiritual Centre June Meditation Circle Hassocks:

THE GREEN ROOM, ADASTRA HALL,
31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH
SUNDAY 24TH JUNE

WITH LESLEIGH SUNRISE LAKOTA & GUIDES

Before the services experience a gentle morning meditation,
the doors will open @ 10.00am and close at 10.10am
for an early morning meditation, the doors will open at 10.30am
for the divine service, if anyone wishes to join us please
be there prompt as the doors will be close to enable that quiet time
for meditation. All are welcome to this.

These meditations are amazing; they are guided by spirit through

Lesleigh in a very warm loving space, created just for this quiet time.
Even some mediums get there early to sit in the power before their service.
Awesome.

**Ad-Astra Beacon of Light Spiritual Centre June
Divine Service Hassocks:**

THE GREEN ROOM,
ADASTRA HALL,
31 KEYMER RD, HASOCKS, WEST SUSSEX, BN6 8QH
SUNDAY 24TH JUNE
JIM DEMETRI @11.00AM

Jim is back at the centre; let us give him a warm Beacon welcome.
Jim will be guiding us through a beautiful service, full of Love,
philosophy & messages.
A beautiful morning in the company of spirit.
All are welcome

*****FACEBOOK: HASOCKS SPIRITUAL-CENTRE*****

**Malcolm's & Lesleigh's Diary of Services,
Demonstration & Workshops for June**

EASTBOURNE CHRISTIAN SPIRITUALIST CHURCH
1A CAVENDISH AVENUE,
EASTBOURNE, EAST SUSSEX
BN22 8EW
WEDNESDAY 20TH JUNE
3PM

DEMONSTRATION OF MEDIUMSHIP & SPIRIT ART

~

PORTSMOUTH TEMPLE OF SPIRITUALISM,
73A VICTORIA ROAD SOUTH,
SOUTHSEA, PORTSMOUTH,
HAMPSHIRE, ENGLAND,
PO5 2BU
SATURDAY 30TH JUNE
10AM TO 4PM

OPEN DAY FREE ENTRY

OPEN DAY LESLEIGH WILL BE DOING PRIVATE DRAWINGS WITH A SHORT
READING AND MALCOLM WILL DOING READINGS AND WILL BE THERE SELLING
THE CRYSTALS AND ANGELS FROM STOCK

PLEASE CHECK WEBSITE FOR ANY DATES

www.sussexmediums.com

****FACEBOOK: MALCOLM PUTLAND SPIRITUALIST MEDIUM****

****FACEBOOK: LESLEIGH SPIRIT ART/ARTIST****

**MORE VENUE & DATES ARE ADDED THROUGHOUT THE MONTH
AS WE ACCEPT CANCELLATIONS PLEASE CHECK WEBSITE**

~

**MALCOLM & LESLEIGH BOTH WORK FOR SPIRIT
BOTH PRIVATELY AND PUBLICLY, PRIVATE SITTINGS,
WE ARE ALSO AVAILABLE TO DO PRIVATE DEMONSTRATION IN YOUR
OWN HOME FOR A GROUP OF PEOPLE.**

For further information please contact us. Tel: 01903 446955
Malcolm with his mediumistic readings,
Lesleigh with Spirit Art plus information around the person or her visionary soul art with
information about your soul's journey
Please ring Tel: 01903 446955 to book an appointment for a private reading
They are registered Spiritual Healers, Etheric Weaver practitioners
and Reiki Masters and are available for home consultations.
We are available to visit on request,
to private addresses, care homes, hospitals and hospices.

~

**WE ARE ALSO AVAILABLE TO CONDUCT ALL CEREMONIES
NAMING CEREMONIES/ CHRISTENINGS,
FUNERALS, INTERMENTS OF ASHES, WEDDINGS,
SPIRITUAL MARRIAGE BLESSINGS,
RENEWAL OF VOWS & HOUSE BLESSINGS**

Sacred Space Healing Centre

**EVERY SATURDAY THERE ARE REGISTERED SPIRITUAL HEALERS
ON HAND TO CHANNEL HEALING ENERGIES TO THOSE
IN NEED OF A TOP UP HEALING. IT IS OFFERED ON A DONATION BASIS.
Don't forget you only need to ask and one of our qualified healers will assist you.**

Brightlands Sacred Space Healing Centre

We now have a healing clinic in Worthing,
Where we are able to offer different complimentary therapies
Please join us on our Facebook page

****NEW BRIGHTLANDS HEALING SANCTUARY NEW****

Healing can be arranged either in Worthing or in your own home.
For a longer session using a couch with either Spiritual healing or Reiki is

available on a donation basis

Pyramid energy healing, Etheric weaver energy healing

An energy exchange is required for this; please speak to Lesleigh or Malcolm.



METATRON MAT HEALING

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, BN13 3AA

For a longer session using a couch with either Spiritual healing
or Reiki is available on a donation basis

Pyramid energy healing, Etheric weaver energy healing

An energy exchange is required for this, speak to Lesleigh or Malcolm.

~

HEALING CAN ARRANGED EITHER IN WORTHING OR IN YOUR OWN HOME.

~

If you wish to become a REGISTERED SPIRITUAL HEALER
Please see the information on development in this newsletter,
or contact Malcolm on TEL: 01903 446955

Self-Development Groups

THESE GROUPS ARE BRINGING FORWARD BEAUTIFUL LINKS,

As a teaching centre Malcolm & Lesleigh, hold a number of groups
for your personal development. Why not see if we can help you
develop or find your spiritual gifts. Listed below are the various groups

THEY ARE HELD AT THE SANCTUARY

"BRIGHTLANDS" 19, UPLANDS AVENUE,
WORTHING, WEST SUSSEX, BN13 3AA

Development Circle/Group Worthing

This is a circle at 7.30pm and is held on alternate Mondays

Development Circle/Group Worthing

This circle is at 7.30pm and is held on alternate Tuesdays

Development Circle/Group Daytime (Worthing)

Alternate Wednesday's at 10.30am

Healer Training Circle/Group Daytime (Worthing)

Alternate Wednesday's @ 1pm

Philosophy & Higher Level Development Group (by Request, (Worthing))

Alternate Thursday's at 10.30am

A chance to allow philosophy to be delivered by your guides at a very high level, bringing forward the spoken words from spirit, inspired writing from spirit.

Understanding the depth of prayer and your link with your higher-level guides.

This group is by request and limited numbers ask about availability

Healer Training Circle/Group (Worthing)

This circle is at 7.30pm on most Thursdays see Calendar below

Meditation Group (Worthing)

New group alternate Friday's at 10.30am

Meditation Group (The Green Room Adastrā Hall Hassocks)

Sunday of the month @10.10am

Amazing results are being experienced at the groups, the groups are really moving forward.

It is so wonderful to be part people's journeys, exploring all avenues of spirit, finding your spiritual pathway.

JUNE

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
			20	21	22	
24	25	26	27	28	29	30
31						

Psychic* Spiritual* Holistic* Fayres



HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE
ADAstra HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY TO BE ANNOUNCED 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

*****IF ANYONE CAN GIVE MALCOLM SOME HELP IN THE KITCHEN*****

IT WOULD BE GRATEFULLY ACCEPTED WITH WASHING UP, SERVING ETC

~

*******LANTERN MEMORY BOOK*******

*If you have a memory or memories please forward it to Lesleigh
If they are not recorded they are lost forever.*

Lesleigh is putting together for our anniversary, experiences that have happened at the lantern over those years and there have been many.

It would be lovely if you could email Lesleigh your experience of the lantern. Your name will not be printed if you do not want it to be.

We do not know how many people have been helped and put on their pathway, but we know for quite a few it has been life changing

lesleigh54@gmail.com

Private Readings

IF YOU WOULD LIKE A PRIVATE ONE TO ONE READING

MALCOLM IS AVAILABLE FOR PRIVATE READINGS IN OUR
SANCTUARY AT WORTHING

IF YOU WOULD LIKE MORE INFORMATION PLEASE CONTACT
MALCOLM ON TEL: 01903 446955

~

Forth Coming Workshop, Fayres & Events

HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE
ADAstra HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY TO BE ANNOUNCED 2018 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

~

SO WHAT HAPPENED AT?

The Lantern of Light, Burgess Hill Reflections on May

CYPRUS HALL, CYPRUS ROAD, BURGESS HILL, RH15 8DX
We saw a very high standard of mediumship at The Lantern with

5TH PHIL MARTIN & MARIA RODRIGUEZ

The evening goes very quickly when Phil and Maria are with us, the banter between Maria and Lesleigh was making people laugh as Lesleigh was speaking a few words of Spanish Maria said I should do the demonstration in Spanish which would have been interesting?

Phil opened in prayer; prayer puts protection around us as we link with spirit. Maria gave on lady Lavender but said it the Spanish way La-vender which was beautiful. The messages that were given in the time were very accurate.

Both sharing a space for spirit communication. Maria gave Lesleigh incredible evidence from her dad. It was a stag which some people will be aware of, there is something which is evidential from our loved ones. Lesleigh sign is the stag. If you wish to know please email Lesleigh.

Great messages, wish there was longer so that Phil could of given more, but next time.

Thank you Phil and Maria for a beautiful evening.

~

12TH SUE SMITH

What a great crowd for Sue, we all thought no one was coming, but you didn't let us down. Congregations everywhere are suffering with numbers dropping. When you hire somewhere the costs of that is horrendous, like the old saying use it or lose it.

They were mostly new people, one crowd had wonderful messages that they went away having to rethink all what they had believed in the past. One regular gentleman who has been in hospital was back with his spiritual family, which was great to see him.

A wonderful evening full of spirit communication.

Thank you for your work tonight Sue.

~

19TH LESLEIGH SUNRISE LAKOTA

Our dear friend Bruce was unable to attend the evening so Lesleigh stepped in to do the demonstration; someone came especially to see Bruce but they were not disappointed as they had a drawing and a message, which was very interesting.

Get well soon Bruce.

~

26TH JIM DEMETRI

It lovely to have Jim with us tonight.

Full of spiritual love, beautiful messages with laughter and tears.

Again new people seeking their spiritual understanding. They received messages but really need to understand the mechanics of mediumship to truly understand how to work with a medium. One gentleman was pleased to have his partner with him as she kept confirming the message that he was being given. Sometimes we do not understand it straight away but after assimilating the evidence the penny drops.

A wonderful evening Thank you so very much Jim
in linking the two worlds together.

~

****JOIN US ON FACEBOOK****

****BURGESS HILL SPIRITUAL CENTRE****

Ad-Astra

Beacon of Light Spiritual Centre

Meditation Group Hassocks: Reflections on May

SUNDAY 27TH MAY

WITH LESLEIGH "SUNRISE LAKOTA"

Before the services experience a gentle morning meditation,
the doors will open @ 10.00am and close at 10.10am

for an early morning meditation, the doors will open at 10.30am

for the divine service, if anyone wishes to join us please

be there prompt as the doors will be close to enable that quiet time for meditation.

All are welcome to this.

These meditations are amazing; they are guided by spirit through
Lesleigh in a very warm loving space, created just for this quiet time.

Even some mediums get there early to sit in the power
before their service. Awesome.

How powerful are these meditations?

the Journey is channelled by Lesleigh's guide and those seeking the peace and
serenity is never disappointed

One amazing morning everyone when do very deep that they really didn't want to come
back. Healing is always sent by Lesleigh's guide during this time of being in the power,
one amazing morning

~

Ad-Astra

Beacon of Light Spiritual Centre

Divine Service Hassocks: Reflections on May

THE GREEN ROOM,

ADASTRA HALL,

31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH

SUNDAY 27TH MAY

MALCOLM PUTLAND & LESLEIGH SUNRISE LAKOTA @11.00AM

A beautiful morning in the company of spirit. Pat Peacock was unable to visit us so

We stepped in, Lesleigh doing the reading which was quite deep and Malcolm doing the address which was very inspiring. Thought provoking.

There were new people in the congregation there to experience the depth of the service.

Malcolm then went on to give beautiful messages of upliftment.

A beautiful morning in the company of spirit

Thank you to both of you for your work this morning.

JOIN US ON

****FACEBOOK: HASSOCKS SPIRITUAL-CENTRE****

Malcolm's & Lesleigh's Diary: Reflections on May

PHOENIX CHRISTIAN SPIRITUALIST SANCTUARY
ST. JOHN'S AMBULANCE HALL,
OFF OF FORD ROAD. FORDWATER TRADING ESTATE,
CHERTSEY

SURREY KT16 8HG

WEDNESDAY 16TH @7.30PM

DIVINE SERVICE WITH SPIRIT ART

Wow, the energy in the church was so heavy,

When you hire venues you never get to know what has previously happened in the venue. But it was very hard working through this energy. We always take bucket loads with us. That is why at the Lantern the music is playing from 6pm to build up the energy.

Our favourite lady was not at the meeting so we missed her positive energy.

But in saying all this an interesting evening was had by all, with messages of hope and upliftment given out by Malcolm and 3 drawing done by Lesleigh's guide.

~

BEXHILL CHRISTIAN SPIRITUALIST CHURCH,

6, VICTORIA ROAD,

BEXHILL-ON-SEA

EAST SUSSEX TN39 3PD

SUNDAY 20TH @6.00PM

DIVINE SERVICE WITH SPIRIT ART

A busy church, especially on a beautiful Sunny evening.

Malcolm's address was very inspiring with people waiting for the next word.

The hymns were very uplifting.

Malcolm's mediumship tonight gave one couple so much comfort as Malcolm brought through their dog that had recently passed.

They were so elated to know that he was safe and happy and now with a family member. She kept telling people how she was feeling.

Yes our animals do go to the world of spirit.

Lesleigh was only able to do one drawing, and what a drawing, as the person was very precise, it was as if she was sitting for her portrait to be done. It turned out that she was a right honourable Lady, so totally made sense.

Every hair on her head had to be just so.

Her carer took the drawing and was talking about how she felt at her funeral with all these dignitaries. Lesleigh reminded her that we are all equal that no one is any better than you.

We all have to do our ablutions in the morning with our nickers around our ankles
, a true leveller



~
BOGNOR REGIS SPIRITUALIST CHURCH,
SUDLEY ROAD,
BOGNOR REGIS WEST SUSSEX PO21 1EJ
WEDNESDAY 30TH @7.30PM
SERVICE WITH SPIRIT ART

What a difference a day makes, so the song goes. The church was so quite. But that didn't stop us from having an amazing evening.

When we started to sing the first song it was being played so softly that Lesleigh said, sorry I am doing a Simon Cowell, can we please start again. We really need to crank up the energy. Let's have it loud. Malcolm said some of the people were laughing. It felt quite homely in the church. A great start as we raised the roof with "You'll never walk alone".

You never do walk alone. Lesleigh opened in prayer and Then Malcolm gave his address on "intention" very powerful words that you could see filtering into people consciousness.

After another song Malcolm and Lesleigh started to do their demonstration. Malcolm gave some amazing evidence and a message to follow. One lady was unsure about a person so after run her mum, it was her great grandfather and told Malcolm how happy her mum was that her grandad had come through and Lesleigh did a couple of drawings, which were hard to place, as no one was talking to her, but got there in the end. It started like an auction With people saying that they could take some bits, but Lesleigh stayed with whom she felt the drawing was for, at the end when the first person collected her drawing she told Lesleigh who it was, I recognised her straight away

when you started drawing. So why did she not speak up in the beginning!.....
A great evening of spirit communication.

~
Events, Fayres & Workshop Reviews

~
LIBRARY BOOKS

WE purchased a lot of books over the years and some have been donated.
Still I have about 40 which are still overdue, can you please
check your bookshelves, and please allow them to find their way back
to the centre; we are going back years on these.
We know who has hired them; we would just like them back.
Many thanks in advance

Our New Website

www.sussexmediums.com

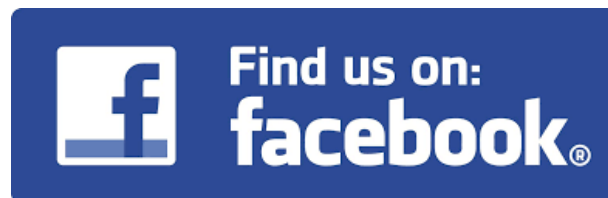


FACEBOOK HAVE CHANGED OUR SITES

PLEASE LIKE US

MALCOLM PUTLAND PUBLIC FIGURE
BURGESS HILL SPIRITUAL-CENTRE
VISIONARY SYMBOLIC SOUL ART
SACRED SPIRITUAL FAYRES IN SUSSEX
HASSOCKS SPIRITUAL SPIRITUAL-CENTRE
SPIRIT ARTIST LESLEIGH "SUNRISE LAKOTA"

******NEW BRIGHTLANDS HEALING SANCTUARY NEW******



MALCOLM PUTLAND SPIRITUALIST MEDIUM
LESLEIGH SUNRISE BADGERY SPIRIT ARTIST
LESLEIGH BADGERY

We look forward to creating lots of friends on these Facebook sites
come and join us.

~

PSYCHIC NEWS

WE ARE NOW STOCKING PSYCHIC NEWS £2.80
THIS PUBLICATION HAS SOME WONDERFUL ARTICLES
A GREAT READ

~
Crystal Angel Shop

GIFT TOKENS FOR PRIVATE READINGS & HEALING ARE AVAILABLE

*******WE HAVE A LARGE SELECTION OF
CRYSTAL AVAILABLE*******

**NEW STOCK HAS JUST ARRIVED,
AMAZING CRYSTALS WAITING TO FIND THEIR NEW HOMES**

We now are stockists of the **ETHERIC WEAVERS** which are wonderful healing tools, I know some of you have already seen them, but they are wonderful tools and are very powerful with rare earth magnets, double quartz terminators, and geometric shapes. Malcolm and Lesleigh are now Etheric Weaver practitioners of these amazing tools having purchased the complete set. We have now purchased for of the etheric weaver pendants for you to wear continually receiving the healing energies.

The Crystal Angel shop helps support the centres.

Thank you for supporting the crystal angel shop, we are always searching out new products and hand selected crystals. We have a lot of showrooms that we visit so if there is a particular stone or crystal that you desire, let us know and we will try and source it for you.

We now have a large selection of crystals ranging from 50p to £450 something to suit everyone's budget. Whether you are searching for a centre piece for a healing room/lounge or a journeying stone I'm sure you will find what you require. We cannot bring all the stones that we have, but are happy to give people a private viewing if there is something that you are looking for. We have a large selection of bracelets, pendants and necklaces, we are always searching out new items for you to look at and feel the energy.

We are always happy to put items away for people as crystals choose you and sometimes you do not have the money with you, always let us know, or if you are searching for a particular stone we will do our best to find it for you. Thank you for supporting the shop, it helps to keep the ever-growing costs down. It has been commented that our prices are very reasonable. We do try and keep the prices to a level that suits everyone.

You will find a selection of Angel Ornaments, Oracle Cards, and Hand Selected Crystals and other items to tempt you. I'm sure you will find something there to suit your requirements

~

ETHERIC WEAVERS WHAT ARE THEY I HEAR YOU SAY?



We stock and sell these wonderful Etheric Weavers are healing tools they are made by the Buddhist monks in Sedona USA. They are very powerful and shift the energy from around the Etheric body, releasing energy and eliminating pain. In some instances, the person has no more problems. They can be used on others, yourself, a picture of someone, their name, names in a healing book, animals, food, fluids; they can assist in your meditation. They are shaped quartz with 2 rare earth magnets either side wrapped in copper. They are an investment. We look forward to demonstrating them at the centres for you.

WEAVERS TO WEAR NOW IN STOCK



Wear your weaver to obtain maximum benefit from these beautiful healing tools

~

INTUITIVE HORSE RETREATS

This is a very exciting new venture from our dear friend Emma Colyer who runs Intuitive Horse, they are now doing Powerful way of learning, through horses. We are offering 3-day intensive retreats, suitable for anyone wishing to gain more emotional awareness and insight, develop their intuition, gain a deeper connection with self and work through any issues presenting themselves in your life.

Be prepared for something quite different and powerful as the horses guides you through a journey of self-discovery like no other. Allow the horses to be your guides and teachers.

Please visit our website-www.intuitivehorse.co.uk for more information.

No experience with horses is necessary.

This sound absolutely wonderful you will have a fantastic time
NEW COGHURST FARM, IVYHOUSE LANE, ORE, HASTINGS, TN35 4NP

PHONE NUMBERS- 07825 036 301

Email- info@intuitivehorse.co.uk

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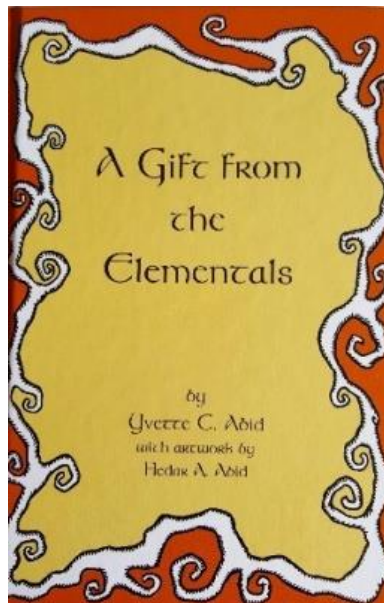
ADVERTISE

A GIFT FROM THE ELEMENTALS

YVETTE C ABID NEW BOOK

Yvette was at East Grinstead Spiritualist Church one Sunday morning and received a drawing from Lesleigh.

In her own words she tells the story.

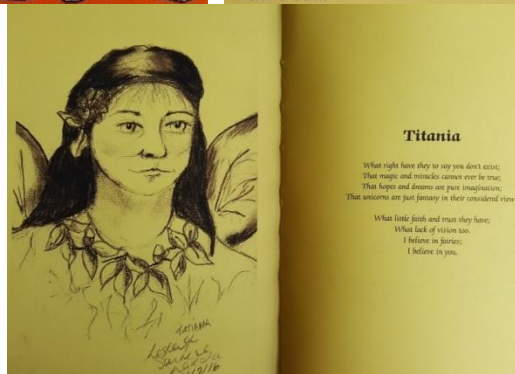


This book was given to me over the course of just three or four months at the beginning of 2016. When two of my children moved back to live with me at the end of 2015, I had found it difficult to find the time to meditate. I picked up pen and paper and just sat still, whereupon the words just seemed to flow, non-stop, for three months.

One particular poem, "Titania", was a light-bulb moment, when I realised these poems really had to be published. I had written "Titania" on a scrap of paper late one night, but was reluctant to put it in my manuscript book, believing people would think me ever so slightly bonkers to admit to a belief in fairies! However, I then received a message from the spirit world, channelled through the medium Lesleigh Badgery, thanking me for the work I had been doing. Lesleigh is a gifted spirit portrait artist (www.the-lantern-of-light.com) and provided the illustration of Titania (although she thought the name was Tatiana) before the clairvoyance service had even begun at my local Spiritualist Church. She had no idea of my close connection to nature and certainly hadn't a clue that I'd just written a poem about the Queen of Fairies!

Never having written poetry ever before, I suppose you could say this is my debut collection. However, I have no idea if I will be given any future volumes, so please enjoy this one while you can!

In love and light,
Yvette C. Abid



~

If you're hungry when in Brighton why not check out
WILD CHERRY QUEENS PARK ROAD, BRIGHTON, BN2 0GJ.

The food is homemade, the flavours are incredible.

The food gives you so much energy. You will be returning time after time.

You will not be disappointed. Tel: 01273 691 494

~

JANET BAIRD D.Iridol. D.Th.D BFRP

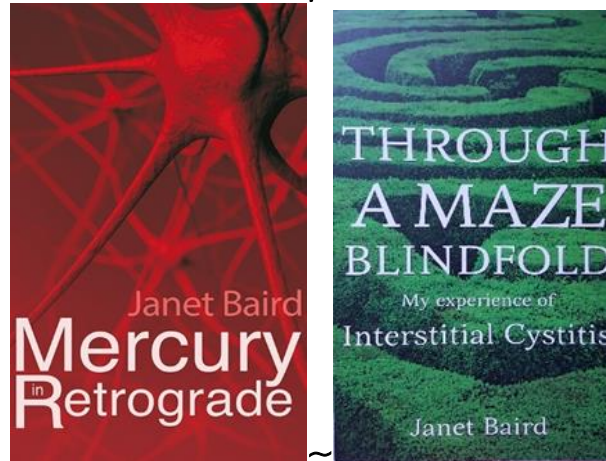
Introducing Janet Baird, Janet is one of our healing students and a helper to the Lantern of Light, but Janet is also an Iridologist, which is studying the eye for health issues, a Nutritionist and she works with the wonderful Bach Flower Remedies.

You can have a chat to Janet
by ringing her on Tel: 01273 721706 for an appointment

JANET'S NEW BOOK IS OUT
MERCURY IN RETROGRADE

Mercury in Retrograde focuses on Janet Baird's personal experience with dystonia. This book covers various aspects of her life, from diagnosis to discovering the reason behind the cause of the condition.

From her own research and experience, Janet has found the cause of her dystonia and has found that she is now 95% cured. She shares this information in the hope that she will be able to help others.



THROUGH A MAZE BLINDFOLD
My Experience of
Interstitial Cystitis

Janet has just had a book the first of 3 published about her journey with Interstitial Cystitis. What an amazing, thought provoking book.

Janet has well researched this subject and how mercury from our fillings can cause us many problems, a book that I couldn't put down.
Good luck Janet with the sale of your book only £9.95

Available from Janet direct, at the Lantern on Saturdays,
our fayres in April & October and online

~

PHILOSOPHY

Some interesting words from our Philosophy group channelled by spirit
The first 4 lines are known but the homework was to add inspired words after.
This is a beautiful piece of inspired writing that had all in tears when it was read.

WHEN THIS YOU READ REMEMBER ME

When this you read remember me
and bear me in your mind.
Let all the world say what they may but speak of me as you find.

When we pass along the way
do not forget my smile.
A happy thought is there for you
to help you along the mile.

At first may you wonder what this is?
but of course to you I will be kind.
Let me help you with your thoughts
which will quickly come to mind.

I am always here for you my friend
think positive and look within
recall that look upon my face
that peaceful loving grin.

I know you have the answer
I am of course the One
I am the one that truly loves you
now and for all time to come.

I am here to help the many and the few
whether they are young or old.
I am the one whose love is always true
I am the one of many a story told.

I am within all who pass along this road
whether it be smooth or rough.
It is me that holds your hand
when the going is really tough.

So now you really know me
I am both the lion and the lamb.
You can always seek to find me.
I have told you who I am.

I care not what others may think of me.
My last thoughts to you I want to give.
Love is always the way forward.
Be true to yourself for as long as you live.

Channelled by JD[®]

~

We hope that you have enjoyed reading our newsletter,
if you have any comments please feel free to drop us an email.
If you have a friend who you feel would like to receive our newsletter,
please let us know with their email address
and we will include them. If you do not wish to receive the newsletters
please let us know and we will take you off the mailing list.

Thank you for your continued
support with the different events and centres that we run,
for without you we would not be there, remember they are your centres.
May you all feel spirits love and grow in the knowledge that they are
only a whisper away. We always love to hear from you with your comments.

Love, light and Angel blessings
Lesleigh and Malcolm

OUR WEBSITES

www.sussexmediums.com & www.the-lantern-of-light.com



Demonstrators are subject to change; the website is updated with any changes if they occur.



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