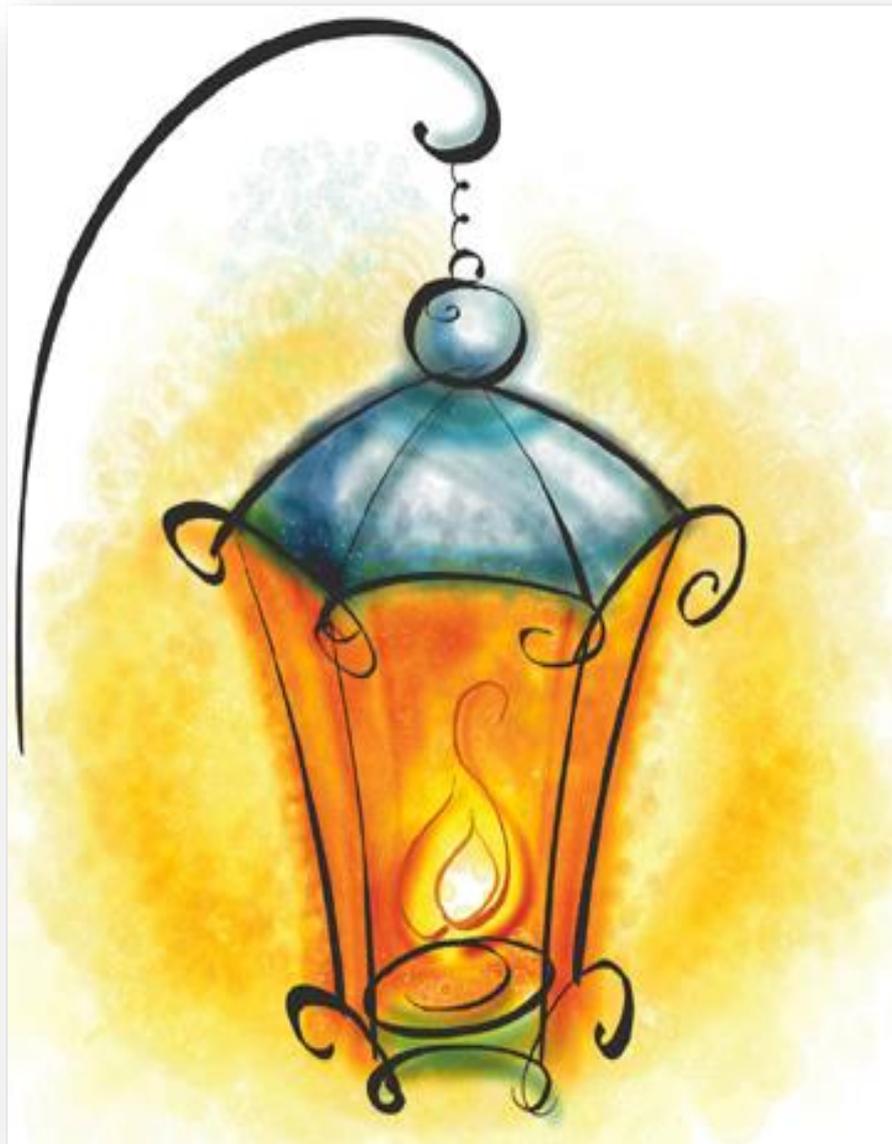


THE LANTERN
OF LIGHT
NEWSLETTER
OCTOBER 2018



SPIRIT.COM

135TH Issue
OCTOBER 2018

NOW IN OUR 16TH YEAR

YOUR MONTHLY NEWSLETTER FROM

*The Lantern of Light
Burgess Hill Spiritual Centre,
Ad-Astra Beacon of Light
Hassocks Spiritual Centre, Divine Service
Malcolm Putland's & Lesleigh's
Public Engagements,
"Brightlands" Sacred Space Healing Centre,
Ceremonies, Events, Workshops and Fayres.*

www.the-lantern-of-light.com

Our newsletters have proved to be very popular;
we thank you for your feedback.

We would still like to ask you for your comments and if you feel
we can

add any other relevant information.

We will continue to keep you up-to-date with the events that
have happened in the previous month, what is happening at the
various venues that we operate and where
you can see Malcolm and Lesleigh demonstrating for this month.

~

So, what is happening at the venues?

Burgess Hill, The Lantern of Light Spiritual Centre October

WE HAVE NEW MEDIUMS VISITING THE CENTRE AGAIN THIS YEAR.
THIS MONTH WE HAVE;

CLAIRVOYANT EVENING
MOST SATURDAY'S AT CYPRUS HALL, CYPRUS ROAD
BURGESS HILL, RH15 8DX AT 7.30PM

6TH PETULA STOWELL

The lovely Petula is back with us, giving messages from spirit either through your loved one or her guide. Always a wonderful evening.
All are welcome to be part of the evening.

~

13TH DEBBIE DEAN*

I know we are in for a treat as we ask Debbie to link the two worlds together with her mediumship and amazing spirit art.
Debbie has a wonderful link with spirit, linking with you first with her mediumship
And then doing a drawing from Spirit.
One very special evening.

~

20TH MARILYN WEBB

The lovely Marilyn is back with us this day, bringing forward Uplifting messages from your loved ones and proving that they are close by our sides.

All are welcome to share in this evening of communication

~

27TH MIKE WILLIAMSON

Medium and author Mike Williamson is back
Proving to us all of spirit communication.
Letting us know that our loved ones in the world of light,
still watch over us.
All are welcome

~

FREE PARKING

****FACEBOOK: BURGESS HILL SPIRITUAL-CENTRE****

DEMONSTRATORS ARE SUBJECT TO CHANGE;
THE WEBSITE IS UPDATED WITH ANY CHANGES IF THEY OCCUR.

Ad-Astra Beacon of Light Spiritual Centre October Meditation Circle Hassocks:

THE GREEN ROOM, ADASTRA HALL,
31 KEYMER RD, HAS SOCKS, WEST SUSSEX, BN6 8QH
SUNDAY 28TH OCTOBER

WITH LESLEIGH SUNRISE LAKOTA & GUIDES

Before the services experience a gentle morning meditation,
the doors will open @ 10.00am and close at 10.10am
for an early morning meditation, the doors will open at 10.30am
for the divine service, if anyone wishes to join us please
be there prompt as the doors will be close to enable that quiet time
for meditation. All are welcome to this.

These meditations are amazing; they are guided by spirit through
Lesleigh in a very warm loving space, created just for this quiet time.
Even some mediums get there early to sit in the power before their service.
Awesome.

Ad-Astra Beacon of Light Spiritual Centre October Divine Service Hassocks:

THE GREEN ROOM,
ADASTRA HALL,
31 KEYMER RD, HAS SOCKS, WEST SUSSEX, BN6 8QH
SUNDAY 28TH OCTOBER
ROBIN HODSON @11.00AM

Robin is back at the centre; let us give him a warm Beacon welcome.
Robin will be guiding us through a beautiful service, full of Love,
philosophy & messages.
A beautiful morning in the company of spirit.
All are welcome

****FACEBOOK: HAS SOCKS SPIRITUAL-CENTRE****

Malcolm's & Lesleigh's Diary of Services, Demonstration & Workshops for October

CRAWLEY SPIRITUALIST CHURCH,
CAPEL LANE,
GOSSOPS GREEN
CRAWLEY WEST SUSSEX RH11 8HL
SUNDAY 21ST OCTOBER @ 6.3PM
DIVINE SERVICE WITH SPIRIT ART

~
www.sussexmediums.com

****FACEBOOK: MALCOLM PUTLAND SPIRITUALIST MEDIUM****

****FACEBOOK: LESLEIGH SPIRIT ART/ARTIST****

MORE VENUE & DATES ARE ADDED THROUGHOUT THE MONTH
AS WE ACCEPT CANCELLATIONS PLEASE CHECK WEBSITE
MALCOLM & LESLEIGH BOTH WORK FOR SPIRIT
BOTH PRIVATELY AND PUBLICLY, PRIVATE SITTINGS,
WE ARE ALSO AVAILABLE TO DO PRIVATE DEMONSTRATION IN YOUR
OWN HOME FOR A GROUP OF PEOPLE.

For further information please contact us. Tel: 01903 446955
Malcolm with his mediumistic readings,
Lesleigh with Spirit Art plus information around the person or her
visionary soul art with information about your soul's journey
Please ring Tel: 01903 446955 to book an
appointment for a private reading
They are registered Spiritual Healers, Etheric Weaver practitioners
and Reiki Masters and are available for home consultations.
We are available to visit on request,
to private addresses, care homes, hospitals and hospices.

~
WE ARE ALSO AVAILABLE TO CONDUCT ALL CEREMONIES
NAMING CEREMONIES/ CHRISTENINGS,
FUNERALS, INTERMENTS OF ASHES, WEDDINGS,
SPIRITUAL MARRIAGE BLESSINGS,
RENEWAL OF VOWS & HOUSE BLESSINGS

Sacred Space Healing Centre Burgess Hill

EVERY SATURDAY THERE ARE REGISTERED SPIRITUAL HEALERS
ON HAND TO CHANNEL HEALING ENERGIES TO THOSE
IN NEED OF A TOP UP HEALING. IT IS OFFERED ON A DONATION BASIS.
Don't forget you only need to ask and one of our qualified healers will
assist you.

Brightlands Sacred Space Healing Centre

We now have a healing clinic in Worthing,
Where we can offer different complimentary therapies
Please join us on our Facebook page

****NEW BRIGHTLANDS HEALING SANCTUARY NEW****

Healing can be arranged either in Worthing or in your own home.
For a longer session using a couch with either Spiritual healing or Reiki is
available on a donation basis

Pyramid energy healing, Etheric weaver energy healing
An energy exchange is required for this; please speak to
Lesleigh or Malcolm.



METATRON MAT HEALING

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, BN13 3AA

For a longer session using a couch with either Spiritual healing
or Reiki is available on a donation basis

Pyramid energy healing, Etheric weaver energy healing

An energy exchange is required for this, speak to Lesleigh or Malcolm.
HEALING CAN ARRANGED EITHER IN WORTHING OR IN YOUR OWN HOME.

~

If you wish to become a REGISTERED SPIRITUAL HEALER
Please see the information on development in this newsletter,
or contact Malcolm on TEL: 01903 446955

Self-Development Groups

THESE GROUPS ARE BRINGING FORWARD BEAUTIFUL LINKS,

As a teaching centre Malcolm & Lesleigh, hold a number of groups for your personal development. Why not see if we can help you develop or find your spiritual gifts. Listed below are the various groups

THEY ARE HELD AT THE SANCTUARY

"BRIGHTLANDS" 19, UPLANDS AVENUE, WORTHING, WEST SUSSEX, BN13 3AA

DEVELOPMENT CIRCLE/GROUP

This is a circle at 7.30pm and is held on alternate Mondays

DEVELOPMENT CIRCLE/GROUP

This circle is at 7.30pm and is held on alternate Tuesdays

DEVELOPMENT CIRCLE/GROUP DAYTIME

Alternate Wednesday's at 10.30am

HEALER TRAINING CIRCLE/GROUP DAYTIME

Alternate Wednesday's @ 1pm

PHILOSOPHY & HIGHER LEVEL DEVELOPMENT GROUP (BY REQUEST)

Alternate Thursday's at 10.30am

A chance to allow philosophy to be delivered by your guides at a very high level, bringing forward the spoken words from spirit, inspired writing from spirit.

Understanding the depth of prayer and your link with your higher-level guides.

This group is by request and limited numbers ask about availability

Healer Training Circle/Group

This circle is at 7.30pm on most Thursdays see Calendar below

MEDITATION GROUP

New group alternate Friday's at 10.30am

MEDITATION GROUP (THE GREEN ROOM ADASTRA HALL HASSOCKS)

Sunday of the month @10.10am

Amazing results are being experienced at the groups, the groups are really moving forward. It is so wonderful to be part people's journeys, exploring all avenues of spirit, finding your spiritual pathway.

OCTOBER

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
			10	11	12	
14	15	16	17	18	19	20
21	22	23	24	25	26	27
			24	25	26	
28	29	30	31			

Psychic* Spiritual* Holistic* Fayres



HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE
ADA STRA HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY TO BE ANNOUNCED 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

*****IF ANYONE CAN GIVE MALCOLM SOME HELP IN THE KITCHEN*****
IT WOULD BE GRATEFULLY ACCEPTED WITH WASHING UP, SERVING ETC

~

******* LANTERN MEMORY BOOK *******

*If you have a memory or memories, please forward it to Lesleigh
If they are not recorded they are lost forever.*

Lesleigh is putting together for our anniversary, experiences that have happened at the lantern over those years and there have been many.

It would be lovely if you could email Lesleigh your experience of the lantern. Your name will not be printed if you do not want it to be.

We do not know how many people have been helped and put on their pathway, but we know for quite a few it has been life changing

lesleigh54@gmail.com

Private Readings

IF YOU WOULD LIKE A PRIVATE ONE TO ONE READING

MALCOLM OR LESLEIGH ARE AVAILABLE FOR PRIVATE READINGS IN THEIR
SANCTUARY AT WORTHING

IF YOU WOULD LIKE MORE INFORMATION PLEASE CONTACT
MALCOLM ON TEL: 01903 446955

~

Forth Coming Workshop, Fayres & Events

HASSOCKS ~ PSYCHIC ~ HOLISTIC & SPIRITUAL FAYRE

ADA STRA HALL

KEYMER ROAD, HASSOCKS, BN6 8QH

SUNDAY TO BE ANNOUNCED 2018 10AM TILL 5PM

FREE ENTRANCE

FREE TALKS AND DEMONSTRATIONS ALL DAY

~

SO, WHAT HAPPENED AT?

The Lantern of Light, Burgess Hill Reflections on September

CYPRUS HALL, CYPRUS ROAD, BURGESS HILL, RH15 8DX

We saw a very high standard of mediumship at The Lantern with

1ST MARLENE WOOLGAR

As always what a wonderful evening we had with Marlene.

Firstly Lesleigh spoke about Pam, who received a message from her husband at the divine service, but not in the way that she expected, it was written about in last months newsletter, and Marlene shared a similar experience. A beautiful message for a regular visitor, so meaningful to her, especially when you know that what is being given is so so correct. Interesting information was being given to the congregation. Wow what a wonderful demonstration of pure mediumship.

Thank you Marlene for demonstrating your gift of mediumship.

~

8TH BRIAN OXLEY

This was the first time that Brian served the centre, before it was just the divine service or the fayre. But what a great evening we all experienced. In the lighting of the candle there was a lot of souls returning home actors singers, the list went on, there must be one big party now in the spirit world.

Brian read a poem that made the congregation laugh, raising the energy and putting them at ease. Great singing also raising the vibrations ready for Brian to link the two worlds together. Wonderful evidence, there was a point when Brian was working that Lesleigh saw blue flasing lights around him, very much a healing energy.

Brian thank you and spirit for your work tonight.

~

15TH NIGEL GAFF

The English Gentleman, was on form tonight. A comment that Lesleigh made to Nigel when introducing him made him laugh, it is good to make someone laugh, laughter is the best medicine.

Loved the way Nigel described a gentleman, "that he was built for comfort not for speed".

A new gentleman received a message and good job is partner was with him to guide him in how to works, but a wonderful message was received.

Wonderful messages of spirit communication
which were recieved with love.

Thank you Nigel for your work tonight.

~

22ND JACKIE CHAPMAN

We truly do not understand how the congregation fluctulates.

Times are really hard especially trying to keep the doors open, but we do not want to be like so many other places and close the doors. We know that the Lantern has helped so many on their spiritual path way.

We welcomed Jackie back to share her gift of mediumship with nearly everyone receiving a message.

We had a small child in the congregation which is so wonderful to see, if you grow up with spirit then with some experience you can understand them and have no fear. Jackie gave some wonderful messages. Loved the memory link with one person with Herbie Dumpling yum yum!

One great evening,

thank you Jackie for linking the two worlds together.

~

29TH CLOSED

We couldn't use the hall tonight, the Bonfire society usually have the 4th Saturday in the month, but this year they have changed it to the 5th.

~

JOIN US ON FACEBOOK

BURGESS HILL SPIRITUAL CENTRE

Ad-Astra

Beacon of Light Spiritual Centre

Meditation Group Hassocks: Reflections on September

SUNDAY 30TH SEPTEMBER

WITH LESLEIGH "SUNRISE LAKOTA"

Before the services experience a gentle morning meditation,
the doors will open @ 10.00am and close at 10.10am
for an early morning meditation, the doors will open at 10.30am
for the divine service, if anyone wishes to join us please
be there prompt as the doors will be close to enable that
quiet time for meditation.

All are welcome to this.

These meditations are amazing; they are guided by spirit through
Lesleigh in a very warm loving space, created just for this quiet time.

Even some mediums get there early to sit in the power
before their service. Awesome.

How powerful are these meditations?

the Journey is channelled by Lesleigh's guide and those seeking the peace
and serenity is never disappointed

Wow what an amazing journey the people there went on, the peace and
serenity in the room was amazing, just by playing a different piece of
music brought in the love and tranquillity.

You could see the depth that people had gone too.

It is beautiful to find that peace and love within yourself.

~

Ad-Astra

Beacon of Light Spiritual Centre

Divine Service Hassocks: Reflections on September

THE GREEN ROOM,

ADASTRA HALL,

31 KEYMER RD, HASSOCKS, WEST SUSSEX, BN6 8QH

SUNDAY 30TH SEPTEMBER

FRANKIE WHELAN @11.00AM

What an amazing morning, Frankie shares a reading which made one lady
very tearful. First off Frankie gave Lesleigh her guide which she knows,
great to have confirmation that they are with you. Again, shared about
Pam with her message from last month with the photo, people love to
hear about signs that spirit give to us.

His address was very direct and meaningful.

Wonderful evidence, so many wanted to speak to Frankie afterwards.

Thank you, Frankie, for your work tonight.

JOIN US ON

*****FACEBOOK: HASSOCKS SPIRITUAL-CENTRE*****

~

Malcolm's & Lesleigh's Diary: Reflections on September

EAST GRINSTEAD SPIRITUAL COMMUNITY
THE OLD COURT EAST GRINSTEAD RH19 3LT
SUNDAY 2ND SEPTEMBER @11.00AM
DIVINE SERVICE WITH SPIRIT ART

What an interesting morning, the normal chairperson was away and they normally do a reading, but spirit impressed Lesleigh to take along a reading, it was about letting go of fear and how fear affects us. When Lesleigh said to the chairperson that she had a reading she was really pleased. It felt that we were back at the Lantern as the music was playing up, some of the congregation were willing to help, sadly no go we reverted to singing the first hymn without music and it was one we all knew. Lesleigh then opened in prayer, a very deep prayer, then into the reading followed by a wonderful thought provoking address by Malcolm's guides. The congregation were absorbed with every word, and are sure that they will act upon those words spoken by spirit. Time to link with loved ones as the veil was lifted to let them in. Lesleigh sat there and did 2 portraits while Malcolm was giving a few messages from loved ones, Malcolm as always making sure that the person knew whom the communicator was. Lesleigh's information with the drawings were given off. The pieces that they were not too sure about, were turned around to be a yes, with more information given. 2 people went away with their portraits. One lady was talking to Lesleigh for a wonderfully long time, talking about signs that spirit give us daily, just to let us know that they are close by our sides.
Thank you spirit for working with us today

~

MAIDSTONE INDEPENDENT CHRISTIAN SPIRITUALIST CHURCH
100/100A TONBRIDGE ROAD,
MAIDSTONE, KENT ME16 8SL
TUESDAY 4TH SEPTEMBER @2.30PM

Just a reminder everyone, if you get that thought in your head act upon it. We had not received a phone call confirming our booking, so we spent time trying to find out on their website if we were expected, Yes, we were, good news, but Lesleigh saw the phone number of the church as was told by spirit to put it in her phone.

Thank God for listening as we had a major delay in Tunbridge Wells. We were going nowhere. Ah but I have the number of the church. We could inform them that we most probably would be delayed. We were delayed by 10 minutes. The chair person had started the service by welcoming people & singing their opening hymn and was just about to have a meditation but were stopped when Lesleigh's car was seen coming nearly through the doors. Malcolm jumped out of the car (We were allowed to park on the forecourt, which is very tight).

Straight in to the service with Malcolm opening in prayer. Lesleigh then joined them after seating her mum who was helped out the car by 2 lovely men. The chairperson told the story about a little baby with a brain tumour who is not expected to live, but the church sent some power healing and regular healing and has been informed that the tumour has shrunk and the brain starting to grow.

What beautiful news but brought a tear to Lesleigh's eye.

Malcolm's address was very powerful his guides being direct with their words.

Malcolm then went on to link with loved ones in Spirit. He brought forward one gentleman's wife. His message of how she was seeing her husband not coping was sad but very beautiful. The Love that she was pouring out through Malcolm was the most beautiful experience ever. It touched the fibre of his being. After the message he got up walked towards Malcolm and wanted to shake his hand. Malcolm said let's have a hug and gave the man the biggest bear hug ever. This was so meant to be. Other beautiful messages were given during this time, Lesleigh had done a couple of sketches. These were placed with a bit of auctioneering as Lesleigh had 2 split links.

One was given to the gentleman who received the beautiful message from his wife.

Thank you Spirit for using us today xx

~

MAIDSTONE INDEPENDENT. CHRISTIAN SPIRITUALIST CHURCH
100/100A TONBRIDGE ROAD,
MAIDSTONE, KENT ME16 8SL
TUESDAY 4TH SEPTEMBER @7.30PM

After a light lunch in our favourite hotel that is nearby, we drove down to the church but parked somewhere differently. Another beautiful service. Again, Malcolm's address was interesting the chair person at the end does a resume of the

service and also commented on the address.
Time to link with spirit again, with Malcolm linking with a few in the congregation, they are never the same congregation.
Lesleigh did a couple of drawings, some the information could be taken by a lady, but felt the drawing looked like a friend who is still on the earth plane. Lesleigh explained that she had not just put the person in spirit, but that it most probably was a past family member. The person's wife had an understanding of spirit, but he was a sceptic. A piece of the info was "strawberry fields" she explained that he came from a travelling family. Lesleigh put her phone number on the back. The following day there was a message on the phone, without a phone number thank god for call back. It was Jason, the gentleman about the drawing. Yes, it did resemble him, he was going to show his mum, Lesleigh asked about Strawberry Fields, yes, he said as a child his mother was in the fields picking strawberries and used to take me with her. Thanks spirit.

~
BEXHILL CHRISTIAN SPIRITUALIST CHURCH,
6, VICTORIA ROAD,
BEXHILL-ON-SEA EAST SUSSEX TN39 3PD
AFTERNOON OF MEDIUMSHIP & SPIRIT ART
SATURDAY 8TH SEPTEMBER @ 2.30PM

CREAM TEA AFTERNOON WITH MEDIUMSHIP & SPIRIT ART
What a wonderful day to have a cream tea with the sun shining but felt that did stop a lot of people visiting the church.

We know what it is like to put an event, a lot of effort goes into something and then for only a few to turn up. Still those there had a wonderful afternoon of spirit communications with Malcolm bringing through a lady's relatives. She was overjoyed with this. Last time Malcolm brought through her beloved dog who had recently passed, the joy then was amazing. She was so comforted to know that her loved ones were close by her side. More messages flowed with messages that were very relevant and evidence that was second to none. Lesleigh did a couple of drawings what were recognised, and the information acknowledged.

Thank you spirit for using us today.

~
SYDENHAM SPIRITUAL CENTRE
VENNER ROAD, COMMUNITY CENTRE,
1, VENNER ROAD

SYDENHAM LONDON SE26 5EQ

19TH SEPTEMBER @8PM

DEMONSTRATION OF MEDIUMSHIP & SPIRIT ART

Well what a wonderful drive up to London though the
glorious countryside

Time to meet old friends before going to work.

The chair person was amazed that we had come all the way from Worthing
West Sussex to serve spirit.

What an amazing turn around, the hall
was packed to the rafters, a lot of new people there seeking the truth that
our loved ones are close by our sides.

Lesleigh introduced herself and this time the people seemed to understand
how to work with her, perhaps it is because Lesleigh was born in the next
street, they understood her!!! Lesleigh then carried on doing 3 drawings,
the first one was recognised the minute it started to be created. Another
of a lad wearing a baseball cap with NY on it, and another quick black and
white sketch.

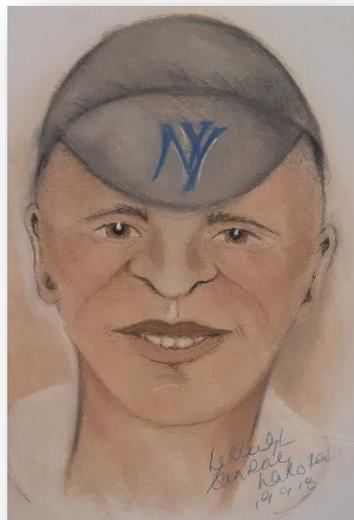
Malcolm was giving his messages while Lesleigh was doing her drawings,
and they got the hang of how Malcolm works. Quite a few messages were
given with people recognising who was coming through with yes's being
given, No's are good also as it allows the medium to go back to spirit to
give more information, turning a no into a yes.

Malcolm brought through a lad who had committed suicide, this was
accepted with love and given with love, the recipient said to Malcolm at
the end of the evening that this has only happened a few days ago at the
weekend, this lad certainly wanted to get the message across to his cousin
who will pass this on to the family. Such beautiful message where being
brought forward. Lesleigh then did give off her drawings, the first was
accepted and all the info taken. Lesleigh then went on to say that you
went above and beyond your duty, this lady was in a care home and the
recipient didn't like the way she was being treated by new staff and blew
the whistle, she got dismissed for this, but this lady came back to thank
her. She is going to give the drawing to the lady's daughter

The next was the lad with the baseball cap again someone was being the
mediums medium. All the info taken, and she could not believe that NY
was on the baseball cap, he always wore that cap, "does that say NY, that
was what he always wore" she said, the last one black and white looked so
much like the lady who recognised it. She thought it was her friend but
know on closer inspection when they came to collect it with her mother

they realised that it was her father's side of the family when Lesleigh gave more info.

One very interesting evening
Thank you Spirit.



~
EASTBOURNE CHRISTIAN SPIRITUALIST CHURCH
1A CAVENDISH AVENUE,
EASTBOURNE, EAST SUSSEX BN22 8EW
23RD SEPTEMBER @3PM.

The church was not very busy, as a lot of the churches seem to be at the moment. But in saying that everyone loved the service which was so beautifully put together by spirit. Even Lesleigh and Malcolm seemed to match in their attire, not planned I assure you. Lesleigh read from Festivals and celebrations and Malcolm address was very inspiring. Lesleigh did tape it, so one day it may be broadcast, the spoken inspired words from spirit really is a message for all. Malcolm then linked with a few in the congregation with Lesleigh doing a couple of drawings, which were accepted, and the information acknowledged.

One lady looked after mum downstairs and there is a lot of stairs and mum couldn't climb them, still her and Gill had a wonderful time chatting.

Thank you spirit for using us today.

~
Events, Fayres & Workshop Reviews

LIBRARY BOOKS

We purchased a lot of books over the years and some have been donated.

Still I have about 40 which are still overdue, can you please check your bookshelves, and please allow them to find their way back to the centre; we are going back years on these.

We know who has hired them; we would just like them back.

Many thanks in advance

PHILOSOPHY

FROM OUR STUDENTS HERE AND IN NEW ZEALAND

THE PATH OF TRANSFORMATION

We will not speak here of transformation from the spirit to the physical.

No, more importantly we will refer to the transformation from the physical to the spirit. As you are aware homosapiens, being the race of thinking beings on your planet are not just flesh and bone. The body is also the shell within which the spirit body has taken residence during its sojourn on Earth. It would be nice to say that this spirit is in the driving seat, so to speak, directing the human being to higher causes. However, the spirit is no more than a backseat driver.

It would also be nice to think that life for the physical being is as straightforward as simply setting a GPS (satnav) to give direction without any thought on behalf of the being along the path of transformation. This is where the problem lies as most of you don't realise that a path exists let alone where you are going to end up at the end of the path. It is the spirit's job to give guidance and to recommend which direction to turn at each cross road. The spirit within knows where you're going even if you do not.

Now here is the rub! The spirit within has a hard time in making contact with the physical body as the uninitiated are not tuned in to the vibration that will allow for contact. Many are now being born into your world with this capability, but proportionally few of you in your past have this inborn facility. The spirit has to try harder therefore to make contact and often fails. What is the result of this? Well, every stone in the road becomes a mountain over which the human being will try to climb over rather than being directed around the obstruction. Some will speedily see that their way of life is the cause of their difficulties and therefore seek and often find the route via self-improvement that retunes the physical, raising its

vibration, thus allowing the spirit body to make easier contact. The physical then will establish the capability of inward contact leading to even higher vibration improvement. By the time the physical body reaches the stage of moving on and returning to the spirit world the inner spirit body may well have learnt the lesson that it came to learn.

Now, what will be the situation where the lesson is not learned, and no retuning takes place? The physical being may continue along the same path, no matter how difficult this may be, not even realising what needs to be done to remedy the problem. Indeed, the lesson that should have been learnt will not have been and another return to the physical from the spirit world will be needed.

Many of you who read the above will be thinking that they have heard this all before and of course indeed you have. You though are amongst the enlightened. It is all the rest that need to be made aware of what has been said here as we do not wish simply to preach to those who have already seen the light. Whenever the opportunity arises the word should be spread. Whilst most won't want to listen to what you have to say something will be absorbed and every little counts. A hard task, but an important one. We wish you good luck with this task that you have been set. Remember, we love you all. Help will be given.

CHANNELLED BY JD^o

THE POWER OF ENERGY

It's cold outside. It's night-time. You reach the outside of your home. You raise your right foot up onto the step. You put the key in the lock and turn. You are in. What is the next thing that you do? You flick a switch and if by magic the light comes on. You take off your winter overcoat, hanging it away in the cupboard in the entrance hall and marvel as to how warm it is. The central heating is working fine.

All of the before would not be available to you if it were not for the power of energy. But what is this energy you will ask? This is something that in your normal life you would not query, taking it for granted. Some will answer that the energy in these instances are electricity and gas, but this is a simplistic answer. Further analysis will reveal to you of course that electricity is a man-made product, whilst gas (and I'm referring here to

natural gas) is a material released from within mother Earth. Indeed, electricity may be generated actually utilising gas. Let's go back a stage further. Whilst electricity and gas are forms of energy, with gas being the originating product, what is happening here? Let's look at gas only. This is formed from the putrefaction of leaf matter over thousands, if not millions of Earth years. Leaf's are of course the product of photosynthesis, whereby the plants absorb the sun's rays. The sun's rays produce heat and light, the two main things that allows for life on your planet. Now, and we're getting there albeit somewhat slowly, what is light composed of? The answer is a wavelength and this wavelength is a form of vibration. So, there you have it, energy equals vibration. When you turn on the switch this allows for energy to flow down the cable. When you turn on your boiler (furnace) gas passes down the pipe and is turned into energy. Miraculous isn't it, all life forms are energy.

All life forms are vibration.

Next, let us look at the human body. This is mainly formed of water and different forms of salts. What is there to be noticed here? Don't you find it interesting of these two items of the main components which form the fuel of a battery. Without these no electricity would issue from its form. The body is in effect one large battery. Even your scientists acknowledge this to be the case. The brain will not function without electricity. If the balance of salts within the body are incorrect the level of electricity produced drops along with the health of the physical tissues. When the body becomes dehydrated again the levels of electricity produced drops leading to ill-health if not ceasing to function of the body i.e.

death of the physical form.

You see my friends, everything on your Earth is formed of vibration. Admittedly, not all vibration is the same. Some vibration is fast, some is slow and some in between. The slower the vibration, the denser the material. This is how life on Earth has been formed. Human beings are of the highest vibration. This is how the Ultimate Being formed the Earth and life thereon. You will recall from previous lessons that man was formed by the Ultimate Being in his own likeness i.e. of the same vibration. As you are of the same vibration, theoretically you have the same power to manifest. Such manifestation hopefully will be for the benefit of mankind, although as there is no restriction on the power of such energy this can lead to the negative as well as the positive.

Once again, we are delighted to have been of service to you in the provision of knowledge. As you know, knowledge is Power! Interesting isn't it how this topic keeps on revolving around and around?

Peace be with you.

CHANNELLED BY JD^o

Our New Website

www.sussexmediums.com



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NEW STOCK HAS JUST ARRIVED,
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We now are stockists of the **ETHERIC WEAVERS** which are wonderful healing tools, I know some of you have already seen them, but they are wonderful

tools and are very powerful with rare earth magnets, double quartz terminators, and geometric shapes. Malcolm and Lesleigh are now Etheric Weaver practitioners of these amazing tools having purchased the complete set. We have now purchased for of the etheric weaver pendants for you to wear continually receiving the healing energies.

The Crystal Angel shop helps support the centres.

Thank you for supporting the crystal angel shop, we are always searching out new products and hand selected crystals. We have a lot of showrooms that we visit so if there is a stone or crystal that you desire, let us know and we will try and source it for you.

We now have a large selection of crystals ranging from 50p to £450 something

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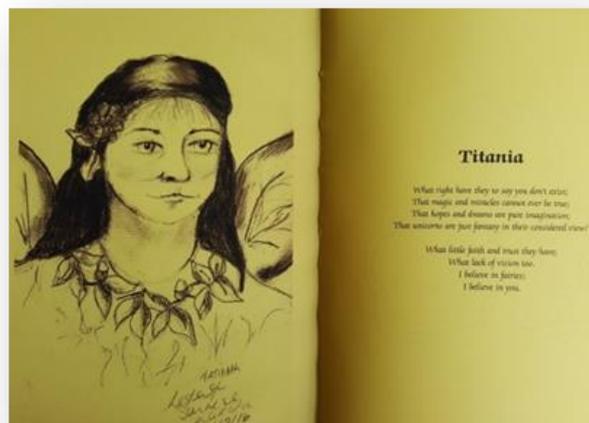
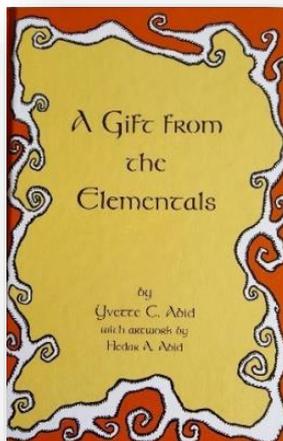
ADVERTISE

A GIFT FROM THE ELEMENTALS

YVETTE C. ABID NEW BOOK

Yvette was at East Grinstead Spiritualist Church one Sunday morning and received a drawing from Lesleigh.

In her own words she tells the story.



This book was given to me over the course of just three or four months at the beginning of 2016. When two of my children moved back to live with me at the end of 2015, I had found it difficult to find the time to meditate. I picked up pen and paper and just sat still, whereupon the words just seemed to flow, non-stop, for three months.

One particular poem, "Titania", was a light-bulb moment, when I realised these poems really had to be published. I had written "Titania" on a scrap of paper late one night, but was reluctant to put it in my manuscript book, believing people would think me ever so slightly bonkers to admit to a belief in fairies! However, I then received a message from the spirit world, channelled through the medium Lesleigh Badgery, thanking me for the work I had been doing. Lesleigh is a gifted spirit portrait artist (www.the-lantern-of-light.com) and provided the illustration of Titania (although she thought the name was Tatiana) before the clairvoyance service had even begun at my local Spiritualist Church. She had no idea of my close connection to nature and certainly hadn't a clue that I'd just written a poem about the Queen of Fairies!

Never having written poetry ever before, I suppose you could say this is my debut collection. However, I have no idea if I will be given any future volumes, so please enjoy this one while you can!

In love and light,
Yvette C. Abid

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If you're hungry when in Brighton, why not check out
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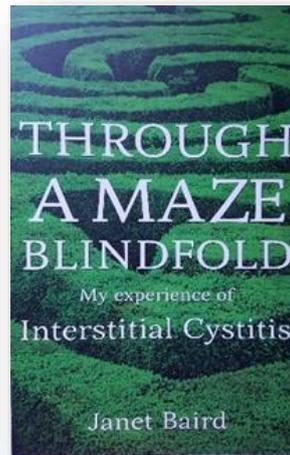
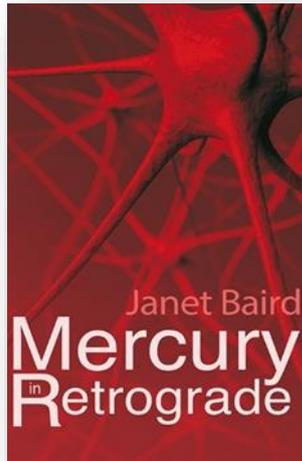
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healing students and a helper to
the Lantern of Light, but Janet is also an Iridologist, which is studying the
eye for health issues, a Nutritionist and the works with the wonderful
Bach Flower Remedies.

You can have a chat to Janet
by ringing her on Tel: 01273 721706 for an appointment

JANET'S NEW BOOK IS OUT
MERCURY IN RETROGRADE
Mercury in Retrograde focuses on Janet Baird's personal experience with
dystonia. This book covers various aspects of her life, from diagnosis to
discovering the reason behind the cause of the condition.

From her own research and experience, Janet has found the
cause of her dystonia and has found that she is now 95% cured.
She shares this information in the hope that she will be able to help others.



~

THROUGH A MAZE BLINDFOLD

My Experience of Interstitial Cystitis

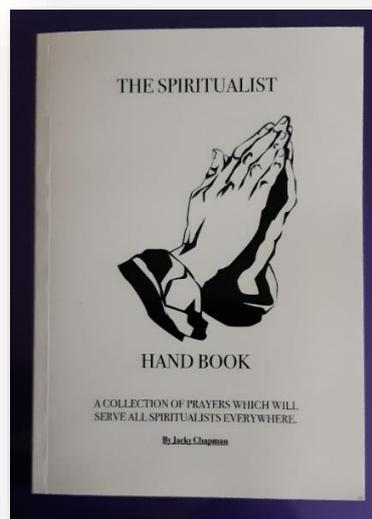
Janet has just had a book the first of 3 published about her journey with Interstitial Cystitis. What an amazing, thought provoking book.

Janet has well researched this subject and how mercury from our fillings can cause us many problems, a book that I couldn't put down.

Good luck Janet with the sale of your book only £9.95

Available from Janet direct, at the Lantern on Saturdays,
and online

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Jackie Chapman has written a book with she hopes will guide people into prayer. It is only available from Jackie at a cost of £3.

If you would like further information, please contact us

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We hope that you have enjoyed reading our newsletter,
if you have any comments please feel free to drop us an email.
If you have a friend who you feel would like to receive our newsletter,
please let us know with their email address
and we will include them. If you do not wish to receive the newsletters
please let us know and we will take you off the mailing list.

Thank you for your continued
support with the different events and centres that we run,
for without you we would not be there, remember they are your centres.
May you all feel spirits love and grow in the knowledge that they are
only a whisper away. We always love to hear from you with your
comments.

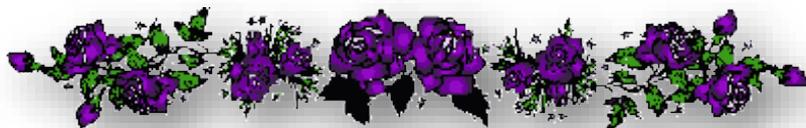
Love, light and Angel blessings
Lesleigh and Malcolm

OUR WEBSITES

www.sussexmediums.com & www.the-lantern-of-light.com



Demonstrators are subject to change; the website is updated with any changes if they occur.



WRITTEN AND PRINTED BY LESLEIGH
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